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Thursday, June 16, 2011

www.metronews.ca

News worth sharing.



Believe it

- ▶ Boston Bruins defeated the Vancouver Canucks 4-0 to win Stanley Cup {page 43}
- ▶ Fans riot in Vancouver {page 13}
- ▶ For full Game 7 coverage, got to metronews.ca/edmonton



▶ Boston Bruins goalie Tim Thomas hoists the cup following his team's win at Rogers Arena in Vancouver last night.

JONATHAN HAYWARD/THE CANADIAN PRESS

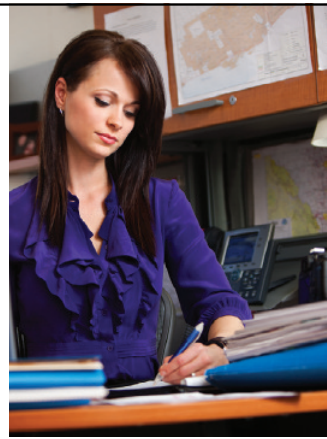
A photograph of a welder wearing a protective mask and gear, working on a metal structure. Sparks are visible from the welding process.

WELDER

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Jul 4 to 8

CTS Summer Institute Construction Fabrication II [CTS12]
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Jul 11 to 15

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Fee: \$400, material fee of \$125
Jul 4 to 8

CTS Summer Institute - Foods II [CTS22]
Fee: \$400, material fee of \$125
Jul 11 to 15

CTS Summer Institute Photography/Video [CTS30]
Fee: \$500
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Sep 6 to Dec 15

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Jul 4 to 15

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Aug 19 to 21

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Fee: \$535
Jun 13

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Fee: \$295
Jun 24 to 25

Motorcycle Rider: Safety Training Basic [MRST101]
Fee: \$499
Jun to Oct

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Fee: \$925
Jul 4 to 15

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Fee: \$700
Jun 17 to 26

Refrigeration - Basic [AR10]
Fee: \$610
Jun 20 to 25

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Fee: \$175
Jun 25

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Jul 4 to 15

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Drunk driver's sentence appealed after public outcry

Alberta Justice is appealing the sentence given to a drunk driver who killed the parents of five children.

Chad Mitchell Olsen, 24, of Sedalia, Alta., was jailed for two years and three months on April 27.

Brad and Krista Howe were killed in Red Deer on Feb. 7, 2010, after their car was hit by a truck driven by Olsen, who had three times the legal limit of alcohol in his blood.

The sentence was met with public outcry. Many wrote to the local paper calling for a stiffer sentence. ●METRO

Bad year for bug fight, expert says

They said a slow spring might help, or windy conditions.

But the city's top bug expert has now predicted the worst summer for mosquitoes in several years.

Mike Jenkins said crews usually work on the ground, wiping out larvae in ditches and ponds, but if things get bad enough they will have to use helicopters in the fight.

A total of 450 mosquitoes were caught in light traps last week compared to 26 at the same time last year.

●METRO



► Larry Mathieson, executive director for both Edmonton and Calgary's Ronald McDonald Houses, is concerned about the loss of support the charity is experiencing with the disruption in mail service.

Charities' donation cheques undelivered

- Philanthropists urged to support causes online during Canada Post strike
- Relief could be in sight as feds tabled back-to-work legislation yesterday



SHELLEY WILLIAMSON
@METRONEWS.CA

With Canada Post shutting its operations Tuesday in the midst of a dispute with its unionized workers, charities have been suffering from a lack of donation cheques in the mail.

"If there's no mail coming in, there are no cheques," said Denis Meier, communications

manager at Hope Mission, adding two staff members handle sorting 300 to 500 envelopes daily.

Meier said nearly 70 per cent of donations hail from individuals.

He encourages Edmontonians to keep giving via PayPal or credit card.

"Mail strike or no mail strike, we're going to serve over 1,000 meals a day," said Meier.

Local Ronald McDonald Houses are also being im-

pacted, said Calgary and Edmonton's executive director, Larry Mathieson.

"I would say 80 per cent of its donations are by mail ... We do have a number of donors throughout the province who give \$80 or \$100 a couple of times a year," said Mathieson.

The charity, which houses families with sick children near medical facilities, relies on donations for up to 90 per cent of its operating costs.

Role of charities

- Edmonton's Ronald McDonald House has an operating budget of \$500,000 annually, mainly via donation, to offer families rooms for \$12 a night.
- Hope Mission opened in 1929 and now offers care, shelter and meals to more than 800 people in Edmonton's inner-city daily, thanks to its supporters.

1

news


Health experts offer a surprising perspective on the media's reporting of suspected cancer risks. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web

Canucks goalie Roberto Luongo talks about where he planned to go to get into a state of pre-game serenity. Video at metronews.ca



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COMPLAINT

RCMP to look into health queue-jumping

A complaint involving allegations of health-care queue-jumping in Alberta has been referred to the RCMP's commercial crimes unit in Edmonton.

Sgt. Tim Taniguchi says the unit will look at a grievance filed by NDP Leader Brian Mason to see if further action is warranted.

Mason filed the complaint last week after former Alberta Health Services CEO Stephen Duckett said in a speech that queue-jumping was going on when he took over in 2009. Duckett said government politicians allowed their favourites to move to the front of wait lists.

Mason says it could be a criminal matter if it's

determined Tory officials pulled strings to get preferential treatment.

"I believe that if politicians abused their power to bump themselves, their friends or family up in health queues, it may be a criminal matter warranting police investigation," he said in a release.

Taniguchi said there's been no decision to actively investigate.

Premier Ed Stelmach and Health Minister Gene Zwozdesky have dismissed Duckett's allegations, though the premier said last week that the RCMP should look into it to see if an investigation is needed.

THE CANADIAN PRESS

2

The New Democrats have released two documents that the party says show queue-jumping has been a common practice in Alberta.

Drugs, weapons seized

Three Edmonton men, all of them 23, face charges after Wood Buffalo RCMP seized drugs and weapons from a vehicle on Monday. Darren Anthony Shannon, Joseph Daniel Pfeil and Kar Hoe Leung will be in court on June 28.

METRO

Rain comes to rescue in wildfires

Crews battling wildfires in northern Alberta are getting a hand from Mother Nature. Rain has been falling around the massive Richardson wildfire north of Fort McMurray. More of the wet stuff is expected to continue for days.

THE CANADIAN PRESS

No more bright lights in the big city?

- Digital billboards a distraction for drivers, group says
- Public hearings to be held before lighting bylaw comes into effect



HEATHER MCINTYRE
@METRONEWS.CA

Whether they're a distraction to every driver or not, the city is considering introducing new rules that would curb the intensity of flashy digital billboards.

Council's executive committee debated possible regulations for the outdoor signs yesterday. Among the measures suggested were imposing limits on moving images and the level of brightness, and allowing messages to change only once every six seconds.

The committee voted to move ahead on the new rules, which need some tweaking before they are presented for a public hearing.

Bruce McCurdy, a member of the Light Efficient Communities Coalition, said safety "must trump" advertising.

"We are introducing new distractions outside of our vehicles with digital signs," he said.

Under the new rules, signs would be no brighter than 400 nits, which is a measure of direct light. But coalition members think 150 to 200 nits is bright enough.

Members say the United Cycle sign at 76 Avenue and Gateway Boulevard



► Bright digital signs, such as this one at United Cycle on Gateway Boulevard, are a concern to some. As Coun. Amarjeet Sohi notes, "These signs are there to get somebody's attention. That's what they're designed for."

has been measured at 1,500 to 2,000 nits.

Coun. Bryan Anderson said he has received six email complaints about it.

"At night, it leaves sun spots in front of your face," he said. "It should not be allowed to stay that way for another day."

Amp it down

► City staff have been working with industry stakeholders in developing the proposed new rules.

► Scott Mackie, manager of current planning, said the city is moving into new territory regarding the standards because they're dealing with relatively new technology.

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Alberta spoof site angers dating service

The Vancouver-based dating website Plentyoffish.com has been angered over the launch of the Alberta government's campaign to fight syphilis.

Alberta Health Services

and Alberta Health and Wellness recently launched an awareness campaign that includes an Internet site called plentyofsyph.com.

The site features racy, fake profiles that mirror other dating sites to inform visitors about sexually transmitted infections.

Alberta government officials stand by their methods, stating that the campaign has led to more results with higher numbers of people getting tested.

● METRO

Construction begins at EIA

Construction began yesterday on the new 210-room Courtyard by Marriott Hotel at the Edmonton International Airport. The eight-storey, 175,000-square-foot hotel is slated to open in the fall of 2012.

● METRO

Distracted driving bylaw looms

The government of Alberta is expected to announce next week that Bill 16, the distracted driving bylaw, will come into effect Sept. 1. The new law will allow police to fine distracted drivers \$172.

● METRO

Inside wildfire central

BOB WEBER/THE CANADIAN PRESS



► Air co-ordinator Mathew Christie at Alberta's Forest Fire Command Centre takes a break yesterday from a busy season for wildfires.

► Nerve centre makes sure firefighters are in the right place

It seems calm enough at Alberta's wildfire command centre, but don't let that fool you.

"This is the busiest year we've ever had," air co-ordinator Mathew Christie said yesterday. "I've had seven days off since May."

The nerve centre for fighting those fires is hundreds of kilometres away on the top floor of a nondescript office tower in downtown Edmonton.

That's where about 15 people in a room with twice that many oversized computer screens talk to people in the field, process data, assess resources and make the tough calls about how many firefighters and air crews hit which fire and when.

Command centre staff process a steady stream of

Fire tally

- There have been 621 blazes so far this year, down from the five-year average of 757.
- But a look at the size of those fires indicates the start of a long, hot summer in the bush.
- So far, 7,000 square kilometres have gone up in smoke —almost 60 times the average.

information from 10 regional centres, as well as 150 fire towers, about what's going on in Alberta's forests.

Tips from the province's fire hotline also come here.

THE CANADIAN PRESS

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News in brief



David Usher

Music fans to find Utopia

WEEKEND FUN. The first Utopia Music Festival, slated for Friday and Saturday at Hawrelak Park, is focused on the Summer of Love (1967) and celebrates summer's coming solstice.

Featured artists include Ani DiFranco, David Usher, Suzie McNeil and Lights. There will also be local artists. Visit utopiafestival.ca for ticket information.

METRO

Fire forces residents out

TIME TO FLEE. A fire at a propane bottle exchange in central Alberta forced the evacuation of neighbouring homes for several hours early yesterday.

RCMP say police, fire and ambulance crews were called to a blaze at Rapid Gas in Rimbey and found the business engulfed in flames.

THE CANADIAN PRESS

Public board eyes job cuts

SCHOOLS. The Edmonton Public School Board has approved its budget for 2011-12. It includes cutting 345 positions — 229 in teaching.

It also approved a motion to reduce spending in professional development and board initiatives by 6.2 per cent.

METRO

Green thumbs a cure

- Outbreak of E. coli bacteria has made thousands sick overseas
- But local gardens are popular and provide a safe source of veggies

CHRIS SAVAGE
EDMONTON@METRONews.CA

A recent outbreak of E. coli bacteria in Europe has made some people sick with worry over the source of their vegetables.

Last week, investigators in Germany said the source of the outbreak, which made more than 3,200 people ill, was a sprout farm in the north of the country.

This isn't a concern for the growing number of Edmontonians who are using community gardens to plant their own seeds and harvest their own produce.

Areni Kelleppan is executive director of Sustainable Food Edmonton, which engages the community in food production.

Growing strong

► There are more than 60 community gardens in Edmonton — most of which are full, according to Areni Kelleppan of Sustainable Food Edmonton

► People pay a small fee to rent a plot in which they grow their vegetables.

"If you're growing your own food, you can see what's going into it," she said.

"If you think of commercial operations, there are all sorts of things going in your food that you don't know about."

So local gardeners plant fresh vegetables and get a cheap — and safe — source of food.



► There are vegetable plots aplenty at the Urban Eden Community Garden on Bellamy Hill.

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Students harness the sun's energy

HEATHER MCINTYRE/METRO

► Queen Elizabeth scores with solar panels ► It's a giant step toward 21st-century learning, says teacher

Going solar

- The panels were designed by local engineering firm Howell-Mayhew.
- They cost \$15,000, which was raised through a number of grants, including ones from the Rotary Club of Edmonton and the Solar Energy Society of Alberta.
- Future projects should cost less, said teacher Aaron Dublenko, and could include wind turbines, green roofs and other energy-conservation measures.
- Past projects include solar lanterns currently being used in Haiti, as well as a third-place finish nationally on a solar oven project.



HEATHER MCINTYRE
@METRONEWS.CA

There is more than knowledge being soaked up at Queen Elizabeth High School.

Five solar panels were installed on the school roof in April.

The panels generate up to 1.2 kilowatts of energy a day and have generated close to 300 kilowatts so far, which teacher Aaron Dublenko said is enough to power 10 average-sized houses for one day.

"The energy just feeds into the school, into the electricity grid," said Dublenko.

In turn, the school's carbon offset has been roughly 450 pounds, all of

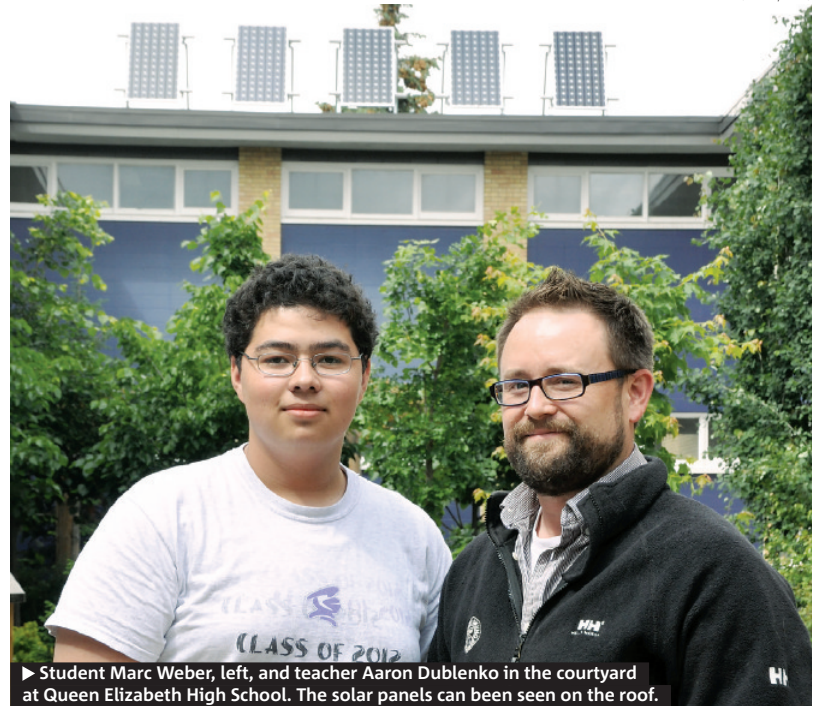
which is measured through an online program on display inside the school.

The entire project was installed thanks to a group put together by Dublenko called Student Led Initiatives for Sustainable Education.

A group of students at the school, in Grades 10 through 12, wanted to start an environment club, but Dublenko thought it would be best to take it one step further.

"We're trying to develop a sustainable school culture toward 21st-century learning," he said.

Queen Elizabeth, on 94 Street and 132 Avenue, is the first school in Edmonton Public Schools to use renewable energy.



► Student Marc Weber, left, and teacher Aaron Dublenko in the courtyard at Queen Elizabeth High School. The solar panels can be seen on the roof.

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House slithering with snakes

► Infestation goes into walls
► Family gives up and flees home after 42 snakes killed in one day

The five-bedroom house sits on pastoral acreage in the rural Idaho countryside. At a price less than \$180,000, it seemed a steal.

But a bargain it wasn't. Ben and Amber Sessions soon realized the dream home they'd purchased for their growing family in 2009 was infested with garter snakes.

The ground was so thick with snakes surrounding the home it appeared to move at times. Throngs of snakes crawled beneath the home's siding. At night, the young couple said they would lie awake and listen to slithering inside the walls.

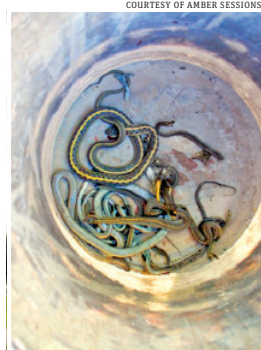
"It was like living in one of those horror movies," said Ben Sessions, 31.

"It was just so stressful. It felt like we were living in Satan's lair, that's the only way to really explain it."

AMBER SESSIONS

The family would frequently eat out because their well water carried the foul-smelling musk that the snakes release as a warning to predators.

Each day, before his pregnant wife and two small boys got out of bed, Sessions said he would do a "morning sweep" through the house to make sure none of the snakes had made it inside. That didn't always work. One day, he heard his wife



► The "Snake House," near Rexburg, Idaho, is believed to have been built on a snake den. It's now up for sale.
Inset: Garter snakes caught by the Sessions family in 2009.



scream from the laundry room, where she had almost stepped on a snake. He rushed into the room to find that she'd jumped onto a counter.

"I was terrified she was going to miscarry," he said.

At the height of the infestation, Sessions said he killed 42 snakes in one day before he decided he

couldn't do it anymore. He had waged war against the snakes and "they won."

He and his wife had little recourse, though, when they decided to flee the home. They had signed a document that noted the snake infestation. They said they had been assured by their real estate agent that the snakes were just a story

invented by the previous owners to leave their mortgage behind. But the so-called Idaho snake house was no myth, according to the Sessionses, their neighbours, and the videos and photographs taken by them and past residents of the house.

The Sessionses filed for bankruptcy. The house

was foreclosed and they left in December 2009, the day after their daughter was born and just three months after moving in.

Now owned by JP Morgan Chase, the home has stayed off the market for the past several months while Chase decides what to do with it.

THE ASSOCIATED PRESS

EU steaming over Russia's vegetable ban

MICHAEL SOHN, THE ASSOCIATED PRESS

The European Union protested yesterday against Russia maintaining a broad ban on European-grown vegetables despite the identification of sprouts as the cause of a deadly E. coli outbreak.

German investigators last week said they had determined that vegetable sprouts from a farm in the north of the country were the source of the E. coli, and all indications are that the outbreak is tapering off.

The Robert Koch Institute, Germany's disease-control centre, said only nine more people were reported sick yesterday compared with the day before, bringing the total number since the start of the outbreak in May to 3,244.

That figure includes 784 who have developed a serious complication that can lead to kidney failure.

Thirty-seven people have died in Germany, most recently a 90-year-old reported by Hamburg authorities, and one person died in Sweden.



► Two costumed men attend a cucumber- and tomato-eating contest in Germany this week.

More than 100 people have been sickened in 13 other European countries and in the U.S. and Canada, according to the World Health Organization.

Russia initially banned all vegetable imports from Germany and Spain, then extended the ban to all vegetables from the EU on June 2 over fears of the E. coli bacteria.

The ban — and that of other countries — coupled with consumers within the EU staying away from vegetables before the source

was known has meant that farmers have been losing millions of euros each week.

THE ASSOCIATED PRESS

291M

The European Union yesterday approved a 210-million euro (\$291 million US) compensation package for fruit and veggie farmers to help them through this devastating time.

News in brief

Tories aim to score points

POLITICS. Hockey fans got a taste of Ontario's looming fall election battle during the Stanley Cup final last night.

The Progressive Conservatives unleashed new attack ads aimed at Ontario Premier Dalton McGuinty, including a television spot aired following the first period of Game 7.

As the Vancouver Canucks played the Boston Bruins before a massive audience on CBC's Hockey Night in Canada, the Tories took shots at McGuinty's record on taxes.

The Liberals also bought some advertising time during the crucial game for a 60-second campaign-style commercial that started airing across the province last week. The Ontario premier is nowhere to be seen in the party's commercial, which features McGuinty's voice, but he's not identified.

THE CANADIAN PRESS

Facebook hires Clinton insider

NEW RECRUIT. Facebook has hired Joe Lockhart, who served as press secretary during U.S. president Bill Clinton's second term, as vice-president of global communications.

The 51-year-old Lockhart will start on July 15 in his new post. Recently, the company hired two aides of former president George W. Bush as lobbyists.

THE ASSOCIATED PRESS

Rescue victory is bittersweet

SUDBURY. It was a bittersweet win for mine rescuers from Sudbury, Ont., where two miners died last week.

Vale West Mines took home gold at the recent Ontario Mine Rescue Competition in Marathon, Ont. The win was dedicated to Jason Chenier and Jordan Fram, who died in a mining accident at Stobie mine on June 8 — the day before the competition started.

THE CANADIAN PRESS

Diplomat's alleged smuggling up in smoke

Romanian authorities say they have sent a subpoena to a Congolese Embassy official in Serbia, questioning him about involvement in a cigarette smuggling ring.

Organized crime prosecutors said they had charged the embassy's second counsellor Marc Marius Itela Elombola in absentia yesterday, a day after his wife was allegedly caught with nearly 2,000 cigarette cartons. Her Serbian driver and two other Serb citizens were also arrested and charged. The four can appeal. They face prison sentences of up to 10 years for smuggling.

THE ASSOCIATED PRESS

1,800

The embassy official's wife was allegedly caught with 1,800 cartons of cigarettes from Montenegro in her car. A court in western Romania ordered Esther Pascaline held 29 days pending trial.

Will and Kate to mix glam, goodwill in Cali

► California trip follows visit to Canada, the Royal couple's first overseas engagement since their wedding

Prince William and his wife, Kate Middleton, plan to combine red-carpet glamour with serious charity work during a trip to California next month, palace officials said yesterday.

The three-day visit to the Los Angeles area will be Middleton's first visit to the United States.

Private secretary Jamie Lowther-Pinkerton said the duke and duchess will attend a black-tie dinner at L.A.'s renovated Belasco Theater to introduce young British film talent to Hollywood executives on July 9.

"The goal is not to meet celebrities, the goal is to connect young British talent with Hollywood decision makers, the people in the back room who put the deals together," Lowther-Pinkerton said.

The British Academy of



► Kate, the Duchess of Cambridge.

Film and Television Arts is organizing the event, called "BAFTA Brits to Watch." William serves as president of the academy.

Earlier that day, William will play at a charity polo match in Santa Barbara, with Middleton scheduled to award the trophy to the winning team.

The royal couple also plans to meet inner-city

youths involved in an arts program and to meet military families in Los Angeles to learn more about how veterans are reintegrated into society. They will pack care packages bound for service personnel in Afghanistan.

The trip to California will follow a June 30-July 8 visit to Canada, where the couple's itinerary includes Canada Day in Ottawa, visiting the Northwest Territories and opening the Calgary Stampede.

Officials said Middleton, whose fashion choices have been widely praised since she took up her official duties, would not bring a special "dresser" on the trip but would rely on an administrative assistant.

A hairdresser will be part of the entourage, officials said.

THE ASSOCIATED PRESS



► Fans line up outside the Metro Vancouver office.

VAN FANS DARED TO DREAM



JEFF HODSON
@METRONEWS.CA

So it has come to this.

After nine months and more than 100 games of regular-season and playoff hockey, the league's best team was determined last night over 60 minutes.

It feels like the day when the Canucks will end 40 years of misery and heartbreak. I am, however, writing this ahead of puck drop.

In Vancouver, the sun is shining and people are out on the sidewalks in Canucks shirts and jerseys and wearing capes made from Canucks

flags.

And, because the province ordered downtown liquor stores closed before the game starts, lineups were stretching out into the street.

By 1 p.m. yesterday, 100 people lined up on the sidewalk below our office, just for a place to watch the game.

There's a real Olympic-like excitement in the streets.

I hope it has the same happy ending.

JEFF HODSON IS MANAGING
EDITOR OF METRO VANCOUVER

HOME ICE
ADVANTAGE



Angry Canucks fans run riot after game

The same city that played peaceful host to an idyllic 2010 Winter Olympics showed a darker side yesterday as a heartbreaking Stanley Cup loss sent furious hockey fans on a violent, liquor-fuelled rampage in downtown Vancouver.

Angry, drunken revellers ran wild after last night's 4-0 Game 7 loss to the Boston Bruins, setting cars and garbage cans ablaze, smashing windows, showering giant TV screens with beer bottles and dancing atop overturned vehicles.

Tear gas mingled with the stench of acrid smoke and stale beer as riot police, truncheons drawn, moved in to quell the violence, pushing crowds away from the burning cars that were at the epicentre of the anger.

THE CANADIAN PRESS

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Recession stalls battle vs. poverty

- ▶ Almost one in 10 Canadians are poor, says StatsCan
- ▶ Agency has not determined an official poverty line

The recession stopped progress on poverty in its tracks and took a bite out of incomes in Ontario, British Columbia and Alberta, new numbers from Statistics Canada show.

The agency says the low-income rate edged up in 2009 to 9.6 per cent — the second straight year poverty increased after more than a decade of steady declines.

"It's not very encouraging," said Rob Rainer, executive director of Canada Without Poverty.

He points out that most provincial governments now have anti-poverty strategies that are well-entrenched. He had been

3.2M About 3.2 million people now live on low incomes, including 634,000 children, StatsCan said.

hoping to see some positive results despite the recession.

Instead, the percentage of people living below the low-income cutoff has climbed slowly, from 9.2 per cent in 2007, to 9.4 per cent in 2008 — the first year of the recession — and now to 9.6 per cent.

"Our overall income and wealth redistribution system is not up to the task," Rainer commented.

And children were vulnerable during the recession, with their low-income rate rising to 9.5 per cent in 2009 from 9.0 per cent a year earlier.

But the picture of the recession is one of stagnation rather than complete catastrophe. The median after-tax income for Canadian families was \$63,800 in 2009 — about the same as a year earlier.

Recessions have deepened poverty in Canada for years, and exacerbated the gap between rich and poor. Many analysts feared the pattern was repeating itself. So far, that doesn't seem to be the case. **THE CANADIAN PRESS**

Kick. Off



▶ A Greek riot police officer kicks a protester yesterday who was trying to calm other protesters during clashes in Athens' main Syntagma square.

LEFTIS PITAKIS/THE ASSOCIATED PRESS

Greek protesters clash with police

Hundreds of protesters clashed with riot police in Athens yesterday as a major anti-austerity rally degenerated into violence outside parliament, where the government was to seek support for new cutbacks to avoid a disastrous default.

Workers' passports held captive

A Hawaii farm supervisor pleaded guilty yesterday to confiscating passports

from about 600 Thai labourers to prevent them from fleeing work sites.

Sam Wongsesanit, 40, is charged with conspiracy. **THE ASSOCIATED PRESS**

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Careful what you tell him ...

► It's no secret — WikiLeaks is using eBay to offer a lunch date with founder Julian Assange ► Eight guests will dine at a top London resto



► Assange

It may be the ultimate indiscreet lunch.

WikiLeaks is offering eight people the chance to dine with founder Julian Assange as a fundraiser for its secrets-spilling work.

Bidding on eBay started Monday at \$568 a head.

The site says guests will dine July 2 at "one of London's finest restaurants" with Assange and Slovenian Marxist philosopher

What is Wiki?

- WikiLeaks calls itself a not-for-profit media organization.
- Its website says its goal is to provide an innovative, secure and anonymous way for sources to leak information.

Slavoj Zizek.
Later that day, the pair

are due to give a talk about WikiLeaks' impact.

The U.S. is investigating whether WikiLeaks broke the law by releasing thousands of secret government documents.

Assange is on bail in Britain as he fights extradition to Sweden on allegations of sexual misconduct, which he denies.

THE ASSOCIATED PRESS

Kids. Forced to flee



► A woman surrounded by children in a Turkish refugee camp shouts during a protest yesterday against Syrian President Bashar Assad. More than 8,000 Syrians, half of them children, have sought refuge in camps in Turkey to escape a military crackdown in Syria.

VADIM GHIRDA/THE ASSOCIATED PRESS

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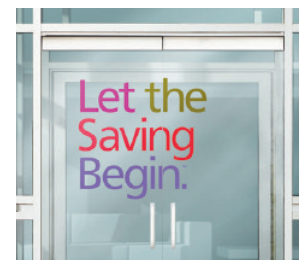
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Yemen attacks on rise

🔴 U.S. fears growing connection between al-Qaida-linked militants and
Somalian insurgents 🔴 White House increases CIA officers in Yemen

Links to al-Qaida

- ▶ Yemen is the southern corner of the Arabian Peninsula near the Gulf's vast oil fields and strategic shipping lanes in the Arabian and Red seas.
- ▶ The nation is home to one of the most active al-Qaida branches, which has been linked to several nearly successful attacks on U.S. targets including the plot to bomb a Detroit-bound airliner in 2009.
- ▶ U.S.-born Muslim cleric Anwar al-Awlaki, who lives in Yemen, is on a U.S. kill-or-capture list. He is accused of inspiring U.S. attacks including the 2009 shooting at a Texas military base.

Al-Qaida-linked militants temporarily seized parts of a provincial capital in southern Yemen yesterday, the latest in a series of brazen attacks by extremists taking advantage of the turmoil in the nation.

Up to 200 militants launched a surprise dawn attack on Houta, killing one soldier and wounding three before taking control of several neighbourhoods, according to security officials.

The fighters are expanding their reach after wounded President Ali Abdullah Saleh left Yemen for Saudi Arabia and cast the country into deeper chaos.

Saleh, 70, left Yemen for treatment of wounds he suffered in a rocket attack on his compound in Yemen's capital, Sanaa.

The nation's leader of nearly 33 years, Saleh has held onto power in the face of massive protests

demanding his ouster since February. Some of his top aides, military commanders, cabinet ministers and diplomats have defected to the protesters' side. This month, troops loyal to him fought rival tribesmen in Sanaa's streets with artillery.

The turmoil has created a vacuum in Yemen, the Arab world's poorest nation, threatening to cause the country to unravel.

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HUMAN RIGHTS ON U.S. AGENDA

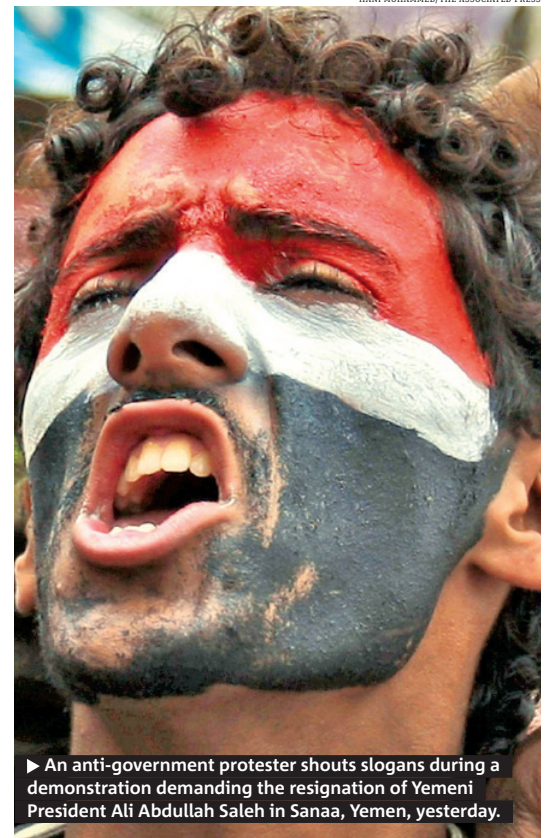
The United States has named China, Iran, Libya, North Korea and 10 other nations that it wants the UN to hold accountable for alleged human rights violations.

The U.S. ambassador to the UN Human Rights Council said yesterday "too many governments repress dissent with impunity."

The U.S. list of alleged

human rights offenders also includes Bahrain, Belarus, Cuba, Myanmar, Sri Lanka, Sudan, Syria, Venezuela, Yemen and Zimbabwe.

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► An anti-government protester shouts slogans during a demonstration demanding the resignation of Yemeni President Ali Abdullah Saleh in Sanaa, Yemen, yesterday.

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Postal strike down for the count

► Labour minister serves notice that she will order posties back to work ► Bill could be debated Monday

Ottawa is preparing back-to-work legislation for Canada Post, setting the stage for a resumption of mail service as early as next week.

Labour Minister Lisa Raitt told the House yesterday that she was tabling notice of intention to introduce the legislation, meaning the bill could be up for a vote next week.

"The strike is now affecting the Canadian economy and it has an effect on third-party Canadians who

are not part of this dispute but are the ones who are suffering," she said.

But the government says it still hopes the striking parties will reach a deal before legislation is needed.

The Canadian Union of Postal Workers has also said it doesn't want to be ordered back to work, and blamed Canada Post for forcing the government's hand Tuesday night by locking out workers and suspending urban service.

THE CANADIAN PRESS

48 hours

► Under the rules of the House of Commons, the government must give 48 hours' notice before it can introduce new legislation. Since Parliament will not sit tomorrow, the bill is expected to be debated next week.

► Canada Post says the rotating strikes, which began June 3, have cost it about \$100 million.



► Canada Post's lockout of striking workers was a game-changer, Labour Minister Lisa Raitt says. After a Conservative caucus meeting yesterday on Parliament Hill, she announced the government's intention to introduce back-to-work legislation.

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U.S. must swallow bitter fiscal pill, Flaherty says

It's not often a Canadian politician goes to the U.S. to offer advice, but Finance Minister Jim Flaherty took that diplomatically risky chance yesterday when he told New York business elites the U.S. needs to get its fiscal house in order.

In a blunt talk to the Canadian Association of New York, Flaherty said the U.S. needs a solid plan to eliminate the deficit and reduce debt. There is no time to waste, he said, because the fate of the global economy depends on the decisions being made in Washington.



► Jim Flaherty

In his speech, Flaherty specifically named Paul Ryan, the Republican chairman of the House budget committee, who wants to repeal U.S. President Barack Obama's health-care law, put hard caps on domestic spending and limit Medicare.

THE CANADIAN PRESS

No talks as Ottawa moves to end airline strike

Despite the threat of back-to-work legislation, Air Canada and the union representing 3,800 striking employees appeared no closer yesterday to resolving their contract dispute.

There was some dialogue between the two sides, but no formal talks were scheduled, union spokesman Darryl Bink said.

Travellers faced minor delays as striking workers staged protests at airports in Vancouver and Montreal. However, no major disruptions have been reported since customer-service

agents and other staff walked off the job Tuesday.

Ottawa has warned it could table a back-to-work bill today, saying the economy is too fragile to withstand a prolonged strike.

Ken Lewenza, president of the Canadian Auto Workers, said he would like to negotiate a settlement with Air Canada before the government forces employees back to work.

"There's one thing about legislation. It doesn't improve the workplace conditions or the morale," he said. "Our members will



► Striking Air Canada counter workers try to drum up support yesterday outside Terminal 1 at Toronto's Pearson International Airport.

not be happy with being legislated back to work. They'll be happy with a bargained settlement."

But the issue of employee pensions remains a major stumbling block.

Air Canada spokesman Peter Fitzpatrick said the company also wants to avoid back-to-work legislation. He said there has been "ongoing dialogue" between the parties at a Toronto hotel since the walkout began, focusing on possible resolutions to the pension issue.

THE CANADIAN PRESS

Strike force

► Striking Air Canada staff received support yesterday from about 200 members of the International Association of Machinists and Aerospace Workers, who stopped working for about 20 minutes at Pearson International Airport to show solidarity.

► Some striking Air Canada workers, joined by locked-out postal workers, picketed Labour Minister Lisa Raitt's constituency office in Milton, Ont.

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JOHN MAZEROLLE
METRO



it against its past — you're either losing weight and on your way to supernatural hunkdom, like the werewolves on Twilight, or you're gaining weight and transforming into a disgusting amorphous creature from Star Trek, like William Shatner.

I had been bound for late-era Captain Kirk but, having lost 15 pounds, am now headed to Werewolf Central. Rowr.

Like most dieters, I needed some symbolism to get me going. I'm betting more people begin losing weight at round numbers like 200 or 250, then at, say, 242. Something about a big, round number makes you feel big and round.

For me, it was 190. That won't get me on The Biggest

Loser, but it's all relative. For some men, it takes sinking a paddleboat at a theme park before they decide to get in shape. For some teenage girls, they see the shape of a recently eaten Triscuit poking through their ribs and christen themselves Shamu, Whale of the Schoolyard.

In my case, I noticed one morning that my belt had become redundant. I could have painted a belt on my jeans and saved the trouble of putting it on.

As for waistline direction, I had watched myself grow by 70 pounds in 12 years, which means I would have weighed 400 pounds at age 76. I don't have enough friends to carry that casket.

So I decided to try that new diet of eating less and exercising more. And given my small amount of success, I now have the hubris and vanity required to tell you how to avoid becoming a blimp. Oh, the hu-vanity!

Here's how to be a loser like me:

- Skip breakfast: It thinks it's the most important meal of the day and, frankly, I'm sick of its attitude.
- Avoid yo-yo diets: Though they provide a satisfying crunch, the string gets caught in your teeth. And it can come back on you, if you catch my drift.
- Choose empty calories, which are presumably lighter than full ones.
- Pick your poison: Two health studies were released this week. One showed that a low-carb diet will save you from cancer, the other that a high-carb diet will save you from Alzheimer's. The choice is yours!

That's what it takes, readers. Heed the advice of me, the future werewolf, or be doomed to eternal tubbiness.

And remember, I haven't gotten a fat head. It's just big-boned.

Read more of John Mazerolle's columns at metronews.ca/hesays

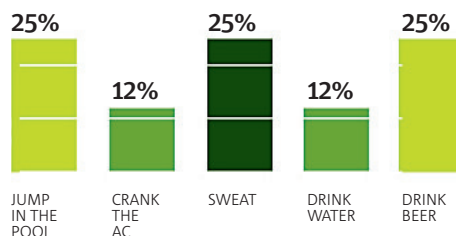
How you feel about your weight depends on which way your waistline is headed.

To an impartial observer it's static. But when you look in the mirror, you're judging



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What are you doing to beat the heat?



Worth mentioning

TORONTO. A new report on tablet usage in Canada suggests consumers have eagerly adopted the expensive devices and sales may double in the next year.

A survey conducted by the Media Technology Monitor, a product of CBC/Radio-Canada and BBM Analytics, suggests about five per cent of the population already has a tablet. The group estimates sales will push tablet ownership to 10 per cent in 2012.

It was just a little more than a year ago that the Apple iPad first hit the market in Canada, introducing mobile tablet computers to consumers.

Now, awareness of tablets is "virtually universal," the report suggests, with more than nine in 10 Canadians having heard of the iPad or another tablet.

Consumers who bought into the early tablet hype are mostly very happy with their purchases, the survey results suggest.

About 88 per cent said they would either definitely or probably recommend a tablet to friends and family based on their experiences.

THE CANADIAN PRESS

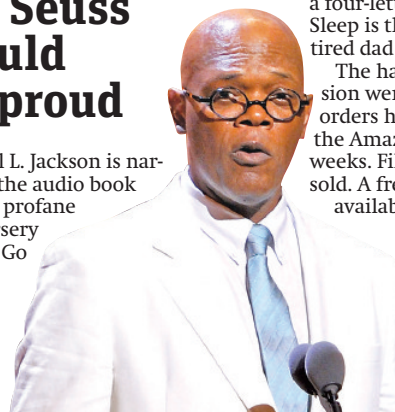
Cartoon by Michael de Adder



WEIRD NEWS

Dr. Seuss would be proud

Samuel L. Jackson is narrating the audio book for the profane hit nursery rhyme *Go the (Bleep) To Sleep*. The star of



such films as *Pulp Fiction* and *Snakes On A Plane* is known for his way with a four-letter word. *Go the (Bleep) To Sleep* is this summer's surprise hit by tired dad Adam Mansbach.

The hardcover book and audio version went on sale Tuesday. Pre-orders have kept the book high on the Amazon.com bestseller list for weeks. Film rights have already been sold. A free download of the book is available through audible.com.

Jackson, 62, was a presenter at Sunday's Tony Awards. He is set to make his Broadway debut this fall as the Rev. Martin Luther King Jr. in *The Mountaintop*.

THE ASSOCIATED PRESS

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2
scene

Hands-on fashion show for charity

► YEG Fashion Show benefiting Children's Autism Services of Edmonton
► Stanley A. Milner building hosting this year's event ► Tickets are \$20

BACKSTAGE PASS

JENNIFER LARAWAY
METRO EDMONTON



It's not very often you hear about a model rolling up his or her sleeves to make a fashion show come together. Having been behind the scenes of many fashion shows, I can tell you for the most part, the model shows up, gets dressed, and walks the runway. Repeat. But, for the YEG Fashion show, it's a whole other story. Rose Rosales, CEO of Nouveau Riche International Model and Talent Management, says her models prepare for the seasonal shows by actually "going to the stores and working with the designers." They are very hands-on when it comes to collaborating with the retailers and pick-



► Summer's hottest fashions premiering June 15 at the YEG Fashion Show.

ing out the clothes for the show.

It's a little unconventional but it's also all-hands-on-deck when it comes to the YEG Fashion Show, which supports different local causes with each season and set of shows. This season, the agency is partnering with Children's Autism Services of Edmonton.

Needless to say, this co-ordinated effort takes months of planning.

"We work with the cause to spread the word months in advance," says Rosales. "Then we take

great care in selecting a venue and silent auction partners."

In fact, two retailers will set-up shop in the venue lobby so you can literally buy clothes off the runway. While shopping or bidding on some amazing silent auction item, you'll be entertained by the carefully selected pop-artists and performers Michael Falconi and Hollywood D.

It's thanks to Rosales careful event planning and strategic partnering that Nouveau Riche International is able to present this all-ages show at a ridicu-

lously affordable price. Adults: \$20, seniors and students: \$10, and kids \$5. The show goes from 7 to 9 p.m. tomorrow night at the Stanley A. Milner Building Theatre (B floor, 7 Sir Winston Churchill Square). Getting hooked up with the after party is simple: if you're over 18 and have \$5 burning a hole in your pocket, you're in. It takes place at the Empire Ballroom in phase two of West Edmonton Mall. For more information on the show or to get tickets, visit nouveau-richemanagement.com.



Thousands expected for Pets in the Park

The annual Pets in the Park event is an example of what happens when you dream big. What started out as a small gathering in 1992 has flourished into one of the most popular events in the city. Now in its 19th year, it takes an entire team six months to plan just a few hours of Pets in the Park. media relations and marketing guru Shawna Randolph explains the festival.

"It's a fantastic festival for the ultimate pet lovers. Plus, it's the only day of the year where you can bring your pet to Hawrelak Park."

In fact, up to 10,000 people and their pets are expected to turn out for the Edmonton Humane Society most significant fundraising event of the year, which takes place from 9 a.m. to 4 p.m. on Sunday, June 26.

Keeping everyone entertained is a plethora of activities for the furry and furry-at-heart. Fun-run and walks take place from 10 to 11 a.m., while agility, disc-dog, and sheep-herding demonstrations occur throughout the day. For more information, including shuttle bus service or to make a donation, visit edmontonhumane.com. **JENNIFER LARAWAY**

Turkey visit



Turkey says Angelina Jolie can visit Syrian refugees who have fled violence and are camped out on the Turkish side of the border. Foreign Ministry spokesman Selcuk Unal said yesterday the Hollywood celebrity and goodwill ambassador for the U.N. High Commissioner for Refugees might arrive in Turkey on Friday, but that the date remains uncertain. At least 8,000 Syrians have fled to Turkey to escape a crackdown on an anti-government uprising.

THE ASSOCIATED PRESS



Oscars shakes up best picture nominee rules, will now allow between 5 and 10 films

Big voices come together

Christina Aguilera and Adam Levine of NBC's talent show The Voice are putting their voices together on a new Maroon 5 single. Aguilera is featured with Levine and his band on the tune Moves Like Jagger, which will be released next week on iTunes.

They'll perform the

song on the June 21 episode of The Voice.

The studio version will be available to buy online following the show, NBC announced Tuesday during this week's episode.

The track was recorded last month in Los Angeles, Levine said in a statement, adding that it was "great" getting to work with Aguilera.

The song was described as quintessential Maroon 5 power pop, with an upbeat tune.

Levine and Aguilera, along with Cee Lo Green and Blake Shelton, are coaches on "The Voice," which awards the winning singer a record contract and a \$100,000 prize.

THE ASSOCIATED PRESS



► Christina Aguilera and Adam Levine.

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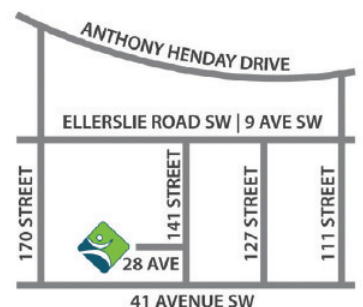
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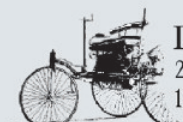
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Shania Twain returns to spotlight

► Country-pop darling back with the radio-friendly tune, *Today Is Your Day* ► Release is timed with the finale of her reality TV series, *Why Not? With Shania Twain* ► Show tracks star as she revives her singing chops

Shania Twain has released her first new song in years, but the inspirational piano ballad *Today Is Your Day* should sound familiar enough to her legion of fans.

The 45-year-old country-pop superstar's new tune, *Today Is Your Day* — the first song she's written on her own in six years — hit iTunes following the U.S. finale of her reality TV show *Why Not? With Shania Twain*, which aired on OWN.

The radio-ready single finds Twain purring an ode to resilience and redemption that would have fit right in on one of Twain's earlier smash-hit discs, the latest of which, *Up*, was released way back in 2002.

After that, Twain took a break that just seemed to extend on and on. Her career eventually seemed to stall completely, as she recovered from the breakup of her marriage to hit-making producer Robert (Mutt) Lange. But *Today* is only

the latest step in Twain's ongoing comeback. In recent months the notoriously private singer has opened up with a reality TV series and a revealing autobiography, and last week said she would taking a two-year residency at Caesars Palace in Las Vegas beginning in December 2012.

And those who have paid attention to Twain as she's gone public with the pain of her divorce — which she says caused her to lose her singing voice — won't have much trouble interpreting the lyrics to her latest single.

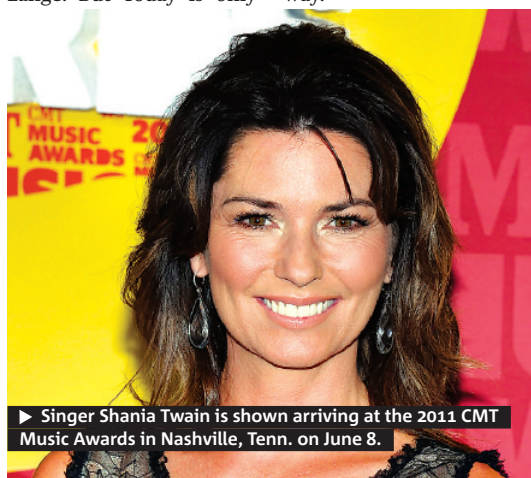
The tune finds Twain summing up her recovery in Hallmark-worthy slogans, as she sings: "When somebody throws sticks and stones/ All they can break are your bones/ And life's gonna kick you around/ And then kick you again when you're down/ But today is your day/ And nothing can stand in your way."

The new song had already cracked the top 15 on iTunes' singles sales chart by Monday morn-

ing. Twain said in a recent interview that she planned to spend the summer crafting her first

new album in nearly a decade, but that she wouldn't rush it. She also pledged to "experiment"

with her sound, and indicated that her next record could signal a stylistic departure. **THE CANADIAN PRESS**



► Singer Shania Twain is shown arriving at the 2011 CMT Music Awards in Nashville, Tenn. on June 8.

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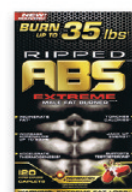
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Tori and Dean: Wedding planners

► In their new series the Hollywood couple (who eloped themselves) plan nuptials for nine other pairs

► Tori says she's OK after accident

Tori Spelling says she and her children are in good health after a car crash in Los Angeles earlier this week.

"We're all doing fine," the pregnant TV star said Tuesday in a phone interview to promote Thursday's Canadian premiere of her series *Tori & Dean: sTORIbook Weddings* on Slice.

On Monday, Spelling revealed on her Twitter page that she got into a crash after a chase involving the paparazzi.

"Paparazzi chased me w/the kids 2school. I was trying to get away from him and had a pretty big accident," wrote Spelling, who has two children — Liam, 4, and Stella, 3 — with Toronto-born actor Dean McDermott.

"Took down whole wall of school. He thn STILL got out to try to get pics. 10 school moms chased him away. Wht will it take? Someone dying for paparazzi to stop? Going to dr now to check on baby. I think its just shock."

"Dean and I ... love our love story and we wanted to see others find their happy endings."

TORI SPELLING

On Tuesday afternoon, Spelling confirmed that she is in good health, but wouldn't go into detail about the incident.

Spelling and McDermott are expecting their third child in the fall. They said they haven't found out the baby's gender because they want to it to be a surprise.

In *Tori & Dean: sTORIbook Weddings*, Spelling and McDermott plan nine other couples' nuptials in California in about three months.

In the first episode, they organize a pug-themed wedding for a Jewish couple who have two pug dogs. Adornments at the celebration include tuxedos and yarmulkes for the pugs to walk down the aisle with, and a "pug lounge" with dogs ready for adoption.

"I cried at every single wedding, I'm a total sap," said Spelling, 38.

"You get to know these couples on such an intimate level. Once we start working with them, from the first meeting we have, we're with them, like, every single day, all day long, getting to know them."

Spelling said Oxygen TV network in the U.S. proposed the idea for the series to her and McDermott, knowing that she loves to plan parties, and she could-

n't resist.

"I was really excited to do weddings just because Dean and I love love, you know — we love our love story and we wanted to see others find their happy endings, so it was a good marriage," she said.

McDermott said doing the series made him want to run to the altar again with Spelling, with whom he eloped on the Fiji Islands in 2006.

THE ASSOCIATED PRESS



► Tori and Dean

ASSOCIATED PRESS/CHRIS PIZZELLO

TV picks

Hollywood weddings

REALITY. Tori Spelling and Dean McDermott are back with yet another reality show premise, and given each of their personal histories, this one's a doozy. *Tori & Dean: sTORIbook Weddings* has the infamous duo helping couples put on dream weddings. Yes, the celeb pair who ditched spouses in order to be together is doling out marriage advice. (Slice)

It's the end of the world

SCI-FI. The Canadian film *Last Night* features a bevy of homegrown stars in this account of big-city dwellers scrambling to make the most of their final day on earth. At the stroke of midnight, the world is going to end and terminally shy Patrick Wheeler (Don McKellar) makes a love connection with a beautiful stranger (Sandra Oh). Meanwhile, over-sexed Craig (Callum Keith Rennie) puts the moves on half the girls in town and winds up with his former French teacher. Also stars Sarah Polley, Charmion King, David Cronenberg, Tracy Wright and Arsinée Khanjian. (VisionTV)

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Mental illness doesn't stop Mandel

Canadian funnyman Howie Mandel had them rolling in the aisles in Banff this week, even though the subject was really no laughing matter.

The actor, comic and game show host received the award of distinction at a ceremony at the Banff World Media Festival — an annual gathering of TV writers, producers, broadcasters and stars.

"I have mental health issues as it is and as I sit and talk to you I am medicated so the highs and the lows aren't really bothering me. I'm just floating in the middle," acknowledged

Mandel, 55, in a question and answer session before a large audience.

"I am tortured but I came to this game pretty tortured," he said, then smiled and asked: "Why are you laughing at me when I said I'm tortured?"

Mandel has both obsessive compulsive disorder (OCD) and attention deficit hyperactivity disorder (ADHD) and has written about both in his autobiography "Here's the Deal: Don't Touch Me."

But Mandel finds it therapeutic to talk about his upbringing in the Toronto area where he says he was

always a loner and had no friends.

"I weighed 89 pounds and my voice didn't change and I didn't shave and I looked like a girl. I could stand in the ladies room and brush my hair. That's how I met my wife. Second date she found out I was a guy," he said with his trademark laugh. "I don't want to touch things. I was always nervous and neurotic and afraid."

"I wouldn't tie my shoelaces at school. If mine came undone, I wouldn't pick them up to retie them because the laces were on

the floor," Mandel said.

"I'd be angry. I would be anxious and angry and then I'd go home and take a shower until my Mom would say it was dinner time. I would be in the shower for hours and I'd use every towel."

His mental health issues don't appear to have held him back in his career. He did gigs at Yuk Yuk's comedy club and spent six seasons on *St. Elsewhere*. He also began hosting *Deal or No Deal*, which was difficult for a man who doesn't want to shake hands for fear of germs.

THE CANADIAN PRESS



► Howie Mandel

THE CANADIAN PRESS/BILL GRAVELAND

Fresh move for the 'Boys'

► Trailer Park Boys drive forward new demented series

New series from the Trailer Park Boys and Kenny vs. Spenny star Kenny Hotz are headed to the specialty channel, Action.

The Drunk and on Drugs Happy Funtime Hour and Kenny Hotz's Triumph of the Will both debut July 22.

The Drunk and on Drugs Happy Funtime Hour reunites Trailer Park Boys stars Mike Smith, Robb Wells and J.P. Tremblay in a six-part miniseries about a demented sketch-variety TV show.

The story is set in the fictional town of Port Cockerton, where the cast of The Happy Funtime Hour ingest a hallucinogen and believe they are the characters they portray on the show.

Guest stars include Jay Baruchel, Amy Sedaris, John Dunsforth and the late Maury Chaykin.

Meanwhile, Kenny



ANDREW VAUGHAN/THE CANADIAN PRESS

► From left: Trailer Park Boys Julian (played by John Paul Tremblay) Bubbles (Michael Smith) and Ricky (Robb Wells) are shown at the world premiere of their movie, Trailer Park Boys 2: Countdown to Liquor Day in 2009.

Hotz's Triumph of the Will finds Kenny "taking on nearly impossible missions," like proving that pigs are too smart to be eaten and trying to find love for his widowed moth-

er. Action says adding original Canadian content is a first for the network, where the schedule is dominated by high-octane Hollywood films.

THE CANADIAN PRESS

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Colombia.....from 3.9 ¢/min	Mexico.....from 1.9 ¢/min	U.A.E.....14.9 ¢/min			
Cuba.....89.9 ¢/min	Pakistan.....5.9 ¢/min	U.K.....2.9 ¢/min			
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It's a baby boy for Natalie Portman

► Academy Award winner says she'll be out of public eye for a while

Natalie Portman has given birth to a baby boy, according to People magazine.

The Oscar-winning ac-

tress and the baby's father, dancer and choreographer Ben Millepied, met on the set of *Black Swan* and are engaged to

be married. Portman has already confirmed she'll be avoiding the Hollywood spotlight for the time-being. "I'll be

out of the public eye after [the baby's born]," Portman told People magazine.

● METRO



► Natalie Portman

ALL PHOTOS GETTY IMAGES



► Denise Richards

Richards: There were some good times

Denise Richards has penned a memoir about her marriage to Charlie Sheen, but "it's not a tell-all," she insists to Radar Online.

"I get into the good stuff about my marriage, because people have only read the rotten stuff. So, you know, there was a beautiful love story between he and I and then it went the way it went."

Of course, the beautiful love story didn't have the happiest of endings, which Richards says she'll also address.

"I think a lot of women can relate to that, going through a divorce and custody and being a single parent, trying to work and all that stuff."

The book is due out July 27.

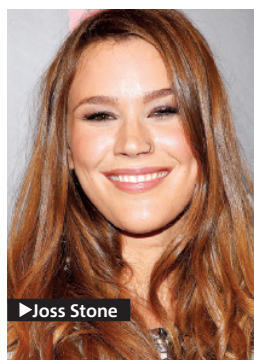
● METRO

Arrests over threats to singer Joss Stone

Joss Stone is likely sleeping more soundly now that police in England have arrested two men who were reportedly planning to rob and murder the soul singer, according to OK! Magazine.

A spokesperson for the Devon and Cornwall Police says officers responded to a call about a "a suspicious-looking vehicle" and arrested the two men, who were carrying swords, rope and a body bag.

● METRO



► Joss Stone

Lopez may not return to Idol

Despite a successful season as a judge on *American Idol*, Jennifer Lopez isn't sure if she'll be back next year.

"I don't know. I haven't been forced to make a decision and I'm glad about that because honestly I'm very on the fence about it," she tells BBC Radio.

"I had an amazing time doing it and I love it but I have a lot of other things happening, and it's going to come down to me making a choice of what I



► Jennifer Lopez

want to do for the next year." ● METRO



► Justin Timberlake

Justin likes to mellow out

Justin Timberlake has revealed one of his preferred relaxation techniques: smoking marijuana. "The only thing pot does for me is it gets me to stop thinking," Timberlake tells Playboy. "Sometimes I have a

brain that needs to be turned off. Some people are just better high." And after working his way from a teen sensation to a successful grown-up musician and now a film star, the chronic overachiever admits he

needs a little help to stop and smell the roses. "I feel I'm just getting to a point in my life where I'm looking around, going, there's a lot to enjoy if I can just sit still, actually stop and take more time," he says. ● METRO



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A summer of soft, sultry skin



► Model Joan Smalls expertly nailing summer skin care rule number 3.

► Heat, humidity, air conditioning, car exhaust fumes, and overall pollution don't exactly mix well with lip gloss, bronzer, blush and self-tanner ► Mary Schook, a facialist and make-up artist in New York, gives advice on how to avoid common summer beauty pitfalls

1

DON'T WEAR MAKE-UP OVER YOUR SUNBLOCK

"The whole point is for the sunscreen to block all of the sun's rays," says Schook, a skincare guru who is the woman beauty editors and models go to for clear, glowing skin. "It should definitely be the last thing you put on your eyes and technically, it should be the last thing to go on your face so that the zinc and titanium can refract the sunlight," she explains. "But use your judgment with the face make-up and if you do wear foundation with built-in sunscreen, be sure to reapply it every two hours."

2

CLEAN YOUR FACE MID-DAY IF YOU HAVE TO

"Too many women reapply their make-up throughout the day when it's honestly better to just wipe all of the make-up and oil off with a little Witch hazel and start over," she says. "The Witch hazel works because it rebalances the pH balance in your skin, which protects and prevents it from getting too oily. If you just pile the make-up on, you'll breakout later."

3

KEEP YOUR HAIR OUT OF YOUR FACE

Those bangs might look great in the salon, but they could potentially wreak havoc on your forehead later. "Hair products with silicone in them can irritate the face and block pores, which is why it's so important not to wear your hair in your face during summer," she explains. "So when the weather heats up, you not only need to think about changing up your skin-care regimen, but your hair care products too."



KENYA HUNT
METRO WORLD NEWS

3

life

Trend of the week

FANCY HATS

Kate Middleton kept the fancy headpieces coming during a string of royal gatherings last week.



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CLINIQUE Dramatically Different Moisturizing Gel

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LA PRAIRIE Ultra Eye Lip Nose Protection Stick SPF 40

- Whip this travel-friendly tube out throughout the day for the season's requisite sunblock touch-ups. \$65; laprairie.com



ESTÉE LAUDER Idealist Even Skin-tone Illuminator

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Canadian designer Nada Shepherd suspends operations of NADA label.

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- Fresh Sugar Plum Tinted

Lip Treatment SPF 15. \$25, sephora.com

Brighten Up!

Crest and Oral-B have teamed up to introduce a whitening system that can brighten teeth in just one day. The 3D White collection includes whitening strips, toothpaste, a rinse and a vibrating toothbrush. Items sold separately, 3Dwhite.com.

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Taking handbags to new heights

6-foot-3 designer L'Wren Scott sizes up her styles

PETER KRAMER/THE ASSOCIATED PRESS

It turns out that tall-drink-of-water L'Wren Scott is self-conscious about being so tall.

Scott, the model-turned-stylist-turned-designer, appeared at the flagship Barneys New York store on Wednesday to launch her handbag collection. As she designed each bag — the weekender, the shoulder bag, the clutch — she kept in mind the size of each piece.

How long are the straps? How wide is the frame? How far does it open? She said it's how she approaches everything. "I am obsessed with proportion, and how proportion is perceived."

Scott stands 6-foot-3, and it feels as if she's been that tall forever, she said. She told a crowd of fashion-centric bloggers in a session moderated by Adam Glassman, creative director of O, The Oprah Magazine, that she was charged the adult price of \$1 instead of 75 cents at the small movie theatre in her Utah hometown long before she turned 12, the official turning point.



► L'Wren Scott and boyfriend Mick Jagger

Height drives her own fashion choices. It's why she doesn't wear poufy, Doris Day styles, opting instead for lean silhouettes, Scott explained, and she thinks most women operate the same way: Once they find a look they like, they stick with it.

The skirts and dresses in her collection usually are often in three lengths — mini, just above the knee and just below. She chose a

rose-coloured, pencil-skirt suit with jewelled buttons paired with kitten heels for this appearance.

Her runway show is a top-tier, A-list event, which draws mostly her friends such as Kyra Sedgwick and Ellen Barkin, and boyfriend Mick Jagger. On the red carpet, she has dressed Nicole Kidman, Penelope Cruz and Drew Barrymore, among others.

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RICHARD PECKETT
WWW.METRO.LU
METRO WORLD NEWS IN LONDON

Modern running shoes are now packed with enough research, stats and techy know-how to cater to your foot's every curve and contour. Here are some of the slickest shoes on the market.

Nike LunarGlide +3

\$100, nikestore.com
(available July 1)

LunarGlide sounds pretty damn space-agey and the technology behind the shoe is pretty out there too. Its Dynamic Support system, marries super-soft Lunarlon core foam and firmer carrier foam to give you the feel of running on air.

Asics GT2160

\$100, asics.com

This is the perfect option for over-pronators (when the foot rolls inward to an excessive degree), thanks to the built-in guidance lines – think of them as pathfinders for your feet.

adiSTAR Salvation

\$140, adidas.com

Are you one for burning some serious rubber? If so, try out the Continental rubber tread on the Adidas Salvation. Yes, they're the makers of heavy-duty, car tyres, so they should know a thing or two about stopping a wet weather foot spin.



Shoe savvy

To find out what was behind all the footwear techno babble, I visited the team over at ASICS to have my feet put through their paces.

First up: the foot scan to discover the ins and outs of your tootsies like foot length, arch height and heel angle. Yes, that means exposing your bare feet but no one's judging – my feet are the type you'd see on a 'before treatment' poster at the chiroprapist. Following the scan, you'll be slipped into the first test shoe and put to work for 30 seconds on the treadmill for a gait analysis. From here, the expert analyses your level of pronation (the foot's natural roll).

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\$15, asics.com

One shoe, two shoe, brown shoe?

► Lock away those squeaky, black wingtips ► Brown shoes are the fad

A trendier, more casual brown shoe might be becoming the standard in men's footwear, as men – even those wearing suits – look to replace their black wingtips.

The shift is being fuelled by changes in fashion, the economy and lifestyle, says Paul

Grangaard, CEO of Allen Edmonds. Men, most of whom are not serial shoppers, put a high priority on function, he says, so if a shoe

can be worn with both grey flannel trousers and jeans, that's the

one they want. (And, yes, it is OK to wear brown with grey and even with black, say the experts.)

Shoe designer Alejandro Ingelmo says he wears the same brown lace-up brogues with their perforated decoration almost every day,



switching up into sneakers for running and a dress-casual boot for winter and weekends. He's experimenting with lighter sand shades for men, and he'd also like to see a shift from the very square toe to a rounder shape.

It took years, though, for the collective eye to transition from black to brown, so any other changes might take some time to catch on.

"With a lot of men, probably most men, when they hear about a trend

change, they get nervous," says David Lawrence, director of merchandise for the national retailer Men's Wearhouse.

"They need to see something an awful lot before they feel that they want to wear it. Most men don't want to feel like they are on the cutting edge."

Brown has probably been in their closets for years, it just wasn't the go-to colour, but it's not jarring, Lawrence says. It is an earth tone, after all.

THE ASSOCIATED PRESS

Choosing a couch colour

► Be on trend but play it neutral when choosing a sofa ► Consider your lifestyle and the room it lives in

DESIGN CENTRE



KARL LOHNES
HOME@
METRONEWS.CA

Q:
Hi Karl,
I have an open

concept living room and dining room space. My floors are dark brown and the walls are a medium grey tone. I wanted to know what colours I should consider when buying the living room couch and chairs. Any recommendations?

-Michael, Etobicoke, Ont.

Invest in quality

A: The first thing to choose is the largest piece of furniture, which is the sofa.

It's also the largest investment so make sure you shop around and choose the best quality that you can afford.

Your sofa should last you at least five to 10 years so the style, fabric and quality should be the best you can afford.

Think lifestyle

Choose a style of sofa that suits your lifestyle and the space you are putting it in.

Will you be watching television on this sofa? If so, you will want a sofa



COURTESY: URBAN BARN

► A mid-century styled sofa with low back and modern tufting adds a sophisticated look for a great price. Cedric Sofa, \$999, Urban Barn.

with deep seats and soft, comfortable cushions.

If you are using your living room for cocktail entertaining, then a firmer seat cushion and well supported back will be important.

Don't be afraid to mix it up

Usually, in an open concept space you want to use a variety of furniture heights; if all the chairs and sofa are the same height it will add a boring look to the living area.

I suggest a lower back sofa and two taller-backed chairs in the living area.

Size matters

Consider the right sized sofa for the room.

Here's the rule of thumb: the sofa's length should be 2/3 of the room's width.

For instance, if the room is 10-feet wide, then a sofa 65 to 75 inches long will fit most comfortably.

Chairs that blend with the sofa's style (square-ish



COURTESY: CRATE AND BARREL

► An open-backed wooden chair will allow a smaller space feel visually more open. Ankara Chair, \$799, Crate and Barrel.

arm styles, deep seating, quality and construction) but do not match will work best.

This will help give the room an eclectic look instead of a matchy set that you pulled from a department store window.

Furniture advice

I suggest keeping the styles of furniture modern/retro as it is a look in contemporary furnishings that will be around for a while.

It also gives you the opportunity to add some au-



COURTESY: WEST ELM

► Unique shapes add personality to a room with accent furnishings. Aluminum Wood Side Table, \$199, West Elm.

thentic mid century modern cabinets or tables to the room (easily and inexpensively found on Craigslist and Kijiji which are free buy/sell websites).

Got a decor question for Karl? Each month Karl will answer a decor question in his Design Centre column. Email your question (keep it to one specific question please) along with a digital picture, your name and hometown to home@metronews.ca. Karl regrettably cannot respond to all questions emailed.

Karl's tips

- **Styles** Keep overall styles clean lined and modern.
- **Tones** Match fabric and wood tones to what is already in the room; browns and greys which are both great neutrals.
- **Accessorize** Add colours to the room through art, area rugs and pillows.
- **Complement** Dark purple tones would be on trend and complement the deep brown and grey colours.

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If these walls could Talk

► Inexpensive and easy to install, decals are popping up on walls in every room of the house ► But do decals pass the style test?
► Three top interior designers weigh in

Wall decals have quickly become the fast food of home decorating.

Inexpensive and easy to install, these peel-and-stick pieces of vinyl are popping up on walls in every room of the house.

From pithy sayings and motivational phrases to bold graphics and even wall-size murals, decals come in every shape and size.

The convenience is obvious: They add a dash of colour and graphic punch with practically no commitment.

Bored with one? Peel it off and move it elsewhere. Or, assuming it cost you only a few dollars, throw it away when you're ready for something new.

But do decals pass the style test? We asked three designers for the scoop on how, where and whether

to decorate with this new generation of decals.

"Those old-fashioned, 'Home Is Where the Heart Is' kind of sayings in that script, I think those are a little cheesy," says designer and TV host Sabrina Soto, a guest designer on HGTV's new series HGTV'd.

But Soto, Betsy Burnham of Los Angeles' Burnham Design and Brian Patrick Flynn of decorde-mon.com all agree there are ways decals can work well — especially if they're used with a dose of irony and humour.

In traditionally decorated homes, decals can look tacky.

But in homes already decorated with a modern sensibility, decals definitely have their place.

SMALL SPACES

In a spare room or an awkward space that's hard to decorate, try a single, graphic image decal.

"It gives depth to a room and gives some interest to the architecture," Burnham says.

Many retailers offer black silhouettes depicting things like lamps or chandeliers that add interest to an otherwise blank wall.

(Just remember, Soto says, that adding a lighting fixture like this doesn't actually add any light to the room!)

In small bedrooms, a headboard decal is "a great way to have fun without taking up any space," Soto says.

You can also find decals depicting chairs or other furniture.

"Having one object like that is kind of cool, especially if you have a space in a room that you just don't know what to do

with," Soto explains.

"It's kind of the same thing as wallpapering an accent wall. This is just a lot easier."

COOL KIDS' ROOMS

If you avoid the licensed-character decals depicting popular cartoon characters, you can actually bring some style and sophistication to kids' rooms with decals.

Try oversize images of the outdoors (Target.com offers a wall-size close-up of a patch of bamboo) or letters and words (but not those excessively heart-warming ones).

To evoke cartoons without putting actual cartoon characters on the walls, Scribbleoneverything.com offers words like Bam, Pow and Kaboom!!! in decal form.

They also offer customized "thought bubbles" that can be printed to say anything you can dream up.

DORMS AND FIRST APARTMENTS

Decals are "excellent for dorms because they're trendy in spaces where you can't actually paint anyway," Flynn says.

With little expense, young adults can get creative with images and colours.

Their options for indulging in irony and sarcasm are endless (those customizable thought bubbles, above, are just one example).

And it's simple to move designs around the space as often as you wish.

"In rental spaces," Burnham says, "it's such a better idea than having to paint and then paint it back" again before you move out.

THE ASSOCIATED PRESS

"For the right person, and it's usually a young person, I have no problem with any of this. I think it's decorative, it's whimsical, it's kitsch."

BETSY BURNHAM OF LOS ANGELES' BURNHAM DESIGN



► Easy-stick fun: The Little Boutique wall decal of a tree (released by Toys "R" Us)

Creative spaces

Flynn likes the whimsy of decals in spaces where someone wants to think creatively.

► They're perfect, he says, for a space "where an interior designer might be doing their design plans, or artists might be doing their paintings or a graphic designer might be putting together their stuff."

► But whatever your line of work, "it's a really affordable and quick way to take the seriousness out of a space that's dedicated to some kind of commerce," Flynn says.

► "You can add graphic pattern and shape, breaking up otherwise just really boring painted walls," he adds.

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Picturesque picket fences

► A picket fence adds instant charm to entranceways and showcases landscapes while providing privacy

DIY IDEAS

Follow the steps below to give your picket fence some DIY TLC. Nicole Curtis hosts Rehab Addict (airing Wednesdays at 10 p.m. ET on DIY Network Canada), returning run-down historic houses to their former glory.

Spruce it up

You should power wash a picket fence every year, and paint or stain it every other year. Use a hose or pressure washer to wash it. Then fill a bucket with soap and water and wash each picket to eliminate grime and dirt. If you are re-painting, use gloves, a

safety mask and glasses to remove old paint with sandpaper, paint remover and a putty knife. Rinse the fence again with a hose or washer. Let the fence dry, then paint according to the manufacturer's directions in the appropriate weather (ensure rain is not forecasted or humidity too high for the paint to dry).

Replacing pickets

Replacing pickets is a simple task for fences that have fallen into disrepair. Remove the old picket by hammering in the opposite direction of the nails, using a crow bar to finish. If you don't have a pre-made picket on hand, simply place the old one on a piece of wood that is the

same thickness and width to trace the outline, and then cut the new picket with an electric jigsaw. Attach the new picket by hammering two galvanized nails into each rail. Finish by staining or painting to match the rest of the fence.

Other tips

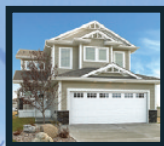
To keep your fence in top shape, avoid soil build-up around the bottom by raking it regularly. This prevents wood from rotting and water damage. Watch for loose nails in your fence; they are a safety concern for kids and animals. If one is found, simply hammer it back in or remove and replace it. **REHAB ADDICT AIRS WEDNESDAYS AT 10 P.M. ET ON DIY NETWORK CANADA**



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1

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This isn't your mother's Tupperware.

The new, bright green and yellow cocktail glasses, serving bowls, appetizer tray and citrus press add instant style to any warm-weather gathering. \$19 to \$128; tupperware.com



2

Get in the mood

Nothing adds mood lighting to your backyard or rooftop meals like the sweet glow from a lantern.

Martinique tall lantern, \$15; crateandbarrel.com



3

Instant makeover

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4

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5

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URBANE
BY COTTSWOOD INTERIORS

Beware garden interlopers with nice-sounding names and looks

► Every family (or garden) has a black sheep ► One woman's unhappy affair with garlic mustard ► It spreads like wildfire but is easy to weed out

LEE REICH/THE ASSOCIATED PRESS



► Looks can be deceiving — as one gardener found out with garlic mustard.

Like most drawn-out affairs, this one ended with rancour. A friend had introduced me to garlic mustard, our meeting coming at a time when I could look fondly upon any wild edible plant. That was many years ago, yet for the past couple of years tensions between us have escalated.

In retrospect, I can't really understand the attraction I had for garlic mustard. True, the name was appealing: You would think that any plant combining the flavours of garlic and mustard would have elicited affection that would linger, even grow, over the years.

Yet I can now look back with a clear mind and remember finding the taste ho-hum at best, biting at

worst. Beauty could not have held the relationship together either. Again, garlic mustard's appearance is ho-hum at best, ugly at worst. Picture a plant that in its first year grows a whorl of heart-shaped leaves. These leaves have teeth at their edges, and their slightly bluish cast further contributes to an ominous undercurrent.

Still, biting flavour and homely appearance are not what have turned me sour toward garlic mustard. What has done so is its persistence in trying to insinuate itself into my life. It's now just about everywhere, gallivanting around in nearly everyone's yard. There is just too much of it.

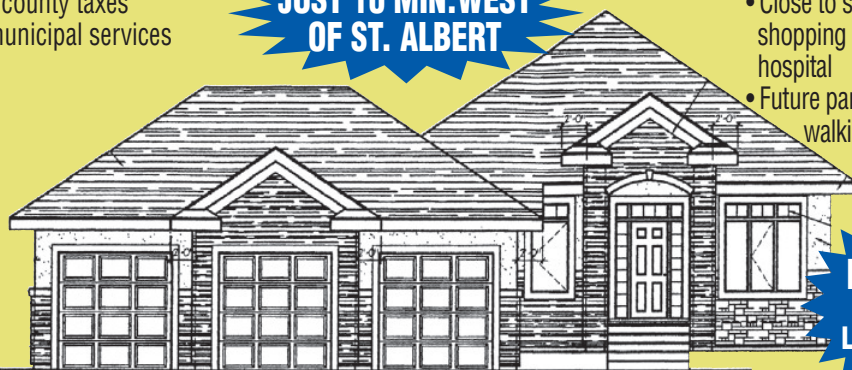
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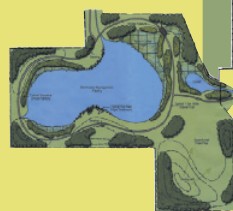
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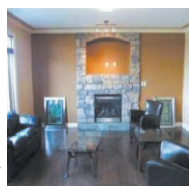
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Making garlic sexy

► As long as you and your love both eat it, you're safe making this Quick Triple-Garlic Fettuccine for dinner ► It takes only 20 minutes to complete

Preparation:

1 Bring large saucepan of well-salted water to a boil. Add pasta and cook according to package directions. Reserve 50 ml (1/4 cup) of the pasta cooking water, then drain pasta, return it to the saucepan and set aside.

2 While pasta cooks, in bowl, mix together butter and garlic powder.

3 In a skillet over medium heat, melt half of garlic butter. When butter sizzles, add half of minced garlic. Sauté 30 seconds or until begins to brown. Remove from heat; set aside.

4 Add remaining garlic powder-butter blend, sautéed garlic and any butter in the skillet, and the chili paste

to pasta and toss until butter is melted. Add all but 30 ml (2 tbsp) of the Parmesan and toss until melted and smooth. While tossing, add about 30 ml (2 tbsp) if the reserved pasta



► This recipe uses garlic three ways.

LARRY CROWE/ THE ASSOCIATED PRESS

Ingredients:

- 250 g (8 oz) fettuccine pasta
- 50 ml (1/4 cup or 1/2 stick) butter, softened
- 15 ml (1 tbsp) garlic powder
- 4 large cloves garlic, minced
- 5 ml (1 tsp) chili paste (hot sauce can be substituted)
- 125 ml (1/2 cup) grated Parmesan cheese, divided
- 2 plum tomatoes, seeded and diced

cooking water and toss until smooth. Divide pasta between 2 serving plates, then top each with diced tomatoes and reserved Parmesan. **THE ASSOCIATED PRESS**



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Mustard Artichokes



Ingredients:

- 4 fresh artichokes
- 3 lemons
- 4 garlic cloves
- 3 green onions
- 5 ml (1 tsp) olive oil
- 1 bunch each of mint, chives and flat-leaf parsley
- 1 cube poultry bouillon diluted in 150 ml (2/3 cup) water
- 250 ml (1 cup) white wine
- 60 ml (4 tbsp) old-style mustard
- Salt and pepper, to taste

Preparation:

1 Prepare acidulated water by cutting lemons into halves and squeezing juice into bowl of water. Add juiced lemon sections to bowl; set aside.

2 Remove artichokes' outer leaves. Cut artichokes in half (lengthwise) and remove hairs. Soak in acidulated water, 10 minutes.

3 Thinly slice garlic and green onions and set aside. Heat frying pan. Add olive oil. Place artichokes cut-face down in pan; cover with garlic and green onions.

4 Add bouillon, wine and mustard to frying pan. Stir to combine. Add salt and pepper. Simmer, covered, for 30 minutes. Chop herbs. Remove artichokes from heat and sprinkle chopped herbs over artichokes. Serve.

THE CANADIAN PRESS/ MAILLE OLD STYLE MUSTARD

A cheesy take on steak strips

NEWS CANADA



Prep time:
15 mins.
Grilling time:
6 to 8 mins.
Serves:
4

► A tomato and blue cheese vinaigrette gives this meat dish a unique flavour ► Recipe is speedy to make

Preparation:

- 1** Prepare the grill for direct cooking over high heat (450° to 550°F).
- 2** Lightly brush the steaks on both sides with oil and season evenly with salt and pepper. Allow the steaks to stand at room temperature for 15 to 30 minutes before grilling.
- 3** In a medium bowl whisk the shallot, vinegar, mustard, ¼ teaspoon salt, and ¼ teaspoon pepper. Slowly whisk in 2 tablespoons of oil, forming a smooth vinaigrette. Add the tomatoes and basil. Mix well.
- 4** Brush the cooking grates clean. Grill the

steaks over direct high heat, with the lid closed as much as possible, until cooked to your desired doneness, 6 to 8 minutes for medium rare, turning once or twice (if flare-ups occur, move the steaks temporarily over indirect heat). Remove from the grill and let

rest for 3 to 5 minutes. Add the cheese to the vinaigrette. Mix gently. Serve the steaks warm with the vinaigrette spooned over the top.

NEWS CANADA/ WEBER-STEPHEN PRODUCTS LLC. RECIPE FROM WEBER'S TIME TO GRILL BY JAMIE PURVIANCE

Ingredients:

Steaks

- 4 New York strip steaks, each 10 to 12 ounces and about 1 inch thick, trimmed of excess fat
- Extra-virgin olive oil
- Kosher salt
- Freshly ground black pepper

Vinaigrette

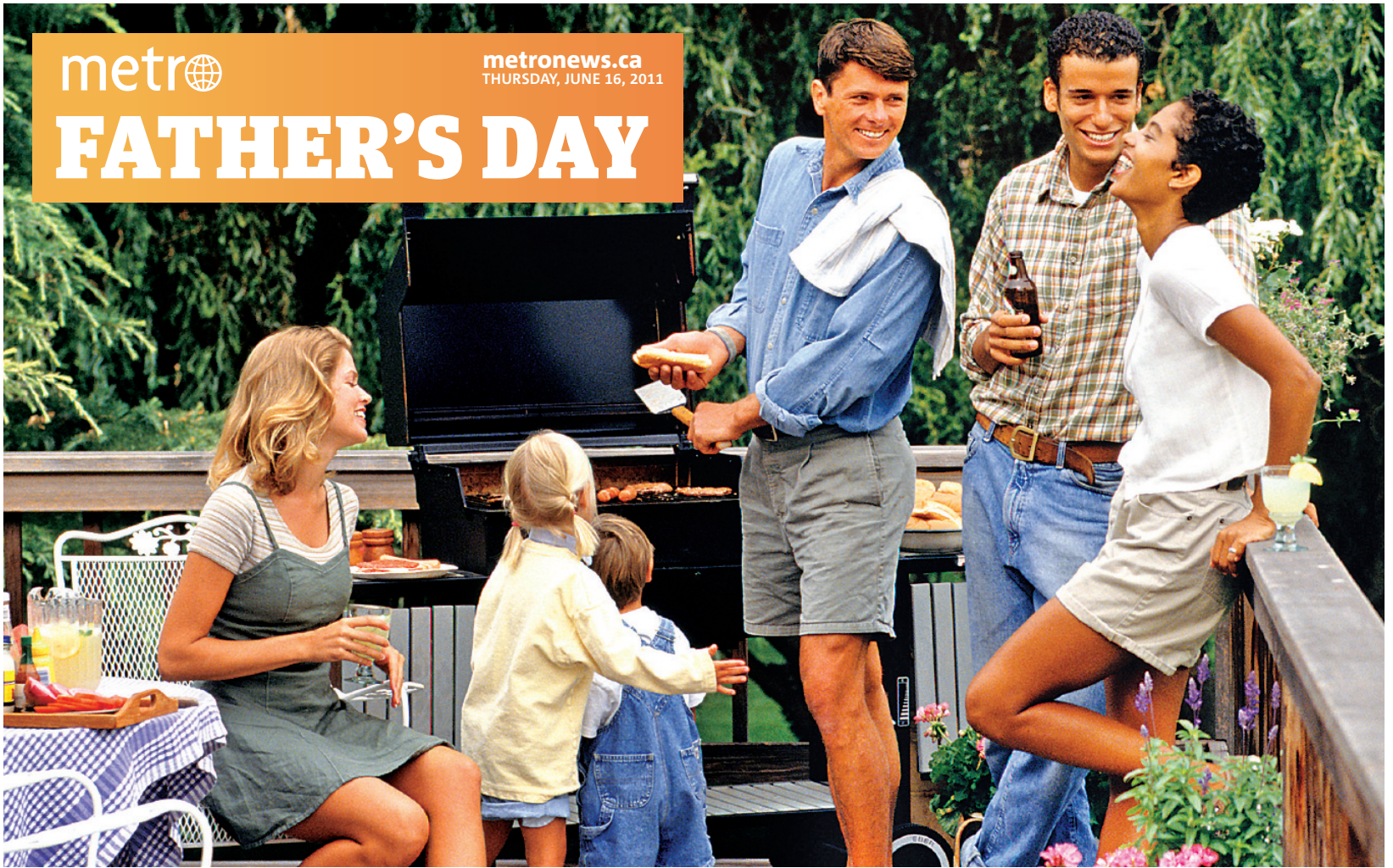
- 1 tablespoon minced shallot
- 2 teaspoons red wine vinegar
- 1 teaspoon Dijon mustard
- 2 cups (about 20) cherry tomatoes, each cut into quarters
- 1/4 cup finely chopped fresh basil leaves
- 2 ounces crumbled Gorgonzola cheese (½ cup)

► Combining tomatoes and crumbled blue cheese offers a new take on steak.

metro

metronews.ca
THURSDAY, JUNE 16, 2011

FATHER'S DAY



Grill up a storm for the master of your house

► Whether he's in the mood to feast like a king or grill like a master, Metro has some great recipes for happy bellies



Nothing says Happy Father's Day like a barbecue, so Metro consulted one of Canada's leading grillers about how to cook the perfect meat for your man this Sunday.

Ted Reader is the sultan of sizzle, the gourmet of the grill and the man GQ magazine dubbed the Crazy Canuck Barbecue

Kingpin. A new father himself, he'll be breaking out one of his 100 barbecues to cook up a meal for his family, including his father-in-law.

And that's his first piece of advice: let your man loose. "Dad may just want to grill his own, so help dad create that menu for father's day," he says. "We know dad's going to want to be master of his grill."

Helpers can hit the shops for meat and potatoes, and to mix up a big salad. Reader is cooking a 75-day dry-aged tomahawk rib chop. "I'm the one that's grilling that, because I want my steak my way," he says.

If your father would prefer to be fed, Reader has advice for greenhorn grillers. It is a family day, so invite your loved ones, keep the menu simple and

fun and supply lots of cold drinks.

Go for something like burgers or chicken. For burgers, make them fresh and keep them in the fridge for an hour after you assemble them so they firm up. Heat up the barbecue and grill them lid-open, medium heat. "Nice and easy does it. Don't push them, don't squish them," Reader advises.

Two of his recommended recipes are his Better Butter Burger and the Beerlicious Beer Butt Chicken, both available at tedreader.com.

Any time you feel the urge to poke it or cut it open to peek inside, stop and instead take a long drink of your beer or chocolate milk. "Patience is everything," he says. "The less you do, the better it is."

Top them as dad loves — for Reader, that means peanut butter, Miracle Whip, onions and a side of stinky cheese. Father's Day is not a time to be judgmental.

As soon as you're done, clean that grill. Grease comes off much easier when it's hot and your father won't relax if he knows it's solidifying for him to scrape off next time he's cooking.

Beerlicious Beer Butt Chicken

TEDREADER.COM



► Let beer work some magic on the barbie.

Ingredients:

- 1 chicken (3 to 4 lbs)
- ¼ cup BBQ dust seasoning
- 1 can of dad's choice beer
- 1 beer can chicken holder
- 2 aluminum foil pie plates
- 2 aluminum foil pie plates
- 1 cup BBQ beerlicious sauce

Preparation

- 1 Preheat the grill to medium/high (450 F/230 C).

- 2 Wash the chicken inside and out with cold water and pat dry.
- 3 Rub the chickens inside and out with the dust seasoning, massaging well and pushing some under the skin directly onto the meat.
- 4 Open the can of beer and either take a big sip or pour off a couple of ounces to leave room for the roasting juices.
- 5 Place the can of beer in a beer can chicken hold-

er on a doubled pie plate or similar pan. Place the chicken cavity down over the can so that the can protrudes far enough into the cavity to stand the bird upright and hold it firmly.

- 6 Place the chicken set-up on the grill. Close the lid and roast for 20 minutes a pound (about 60 to 80 minutes).

- 7 Baste liberally with beerlicious sauce. Chicken is fully cooked when a thermometer inserted

into the thigh registers 170 F.

- 8 Remove the chicken from the beer can very carefully with tongs and a large fork. It will be very hot and there will be steam. Move to a platter and cover loosely with foil. Let rest for 10 minutes.

- 9 Carve the chicken and drizzle pan juices over it. Serve with extra beerlicious sauce. Serves 4.

RECIPE COURTESY
OF TED READER



BEST, DAD, EVER.

The Metro Life Panel asked: What are your Top 10 Memorable Moments With Dad? **Here's what you had to say...**

- | | |
|--|-------------------------------------|
| 1 Telling me bedtime stories | 6 Teaching me to drive a car |
| 2 First heart-to-heart conversation | 7 Dancing with Dad |
| 3 Walking me down the aisle | 8 First little league game |
| 4 Taking me to my first day of school | 9 Teaching me to ride a bike |
| 5 Baiting my first fishing hook | 10 Helping me move |

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Source: Metro Life Panel survey; Based on 164 respondents



At a loss for what to do with the boss?

► Check out Metro's suggestions for how to tailor-make his day ► Base your plans on what he'd love to do

ASTRID VAN DEN BROEK
FOR METRO

Looking for something extra special to do with dad for Father's Day this year?

If so, how can you decide what to do?

"Think about the kind of father you're celebrating," suggests Ann Douglas, author of *The Mother of All* books series.

"Is he the kind of guy who would want a big get-together with all generations of his family gathered around the dining room table?"

"Or would he prefer sharing a meal at a busy

restaurant? Or would he like a quieter kind of day?"

If you're looking for some fresh ideas, here are a few from Metro's list of 10 unique ways to celebrate dad this year.



► Dad may just want to kick back and relax with a movie.

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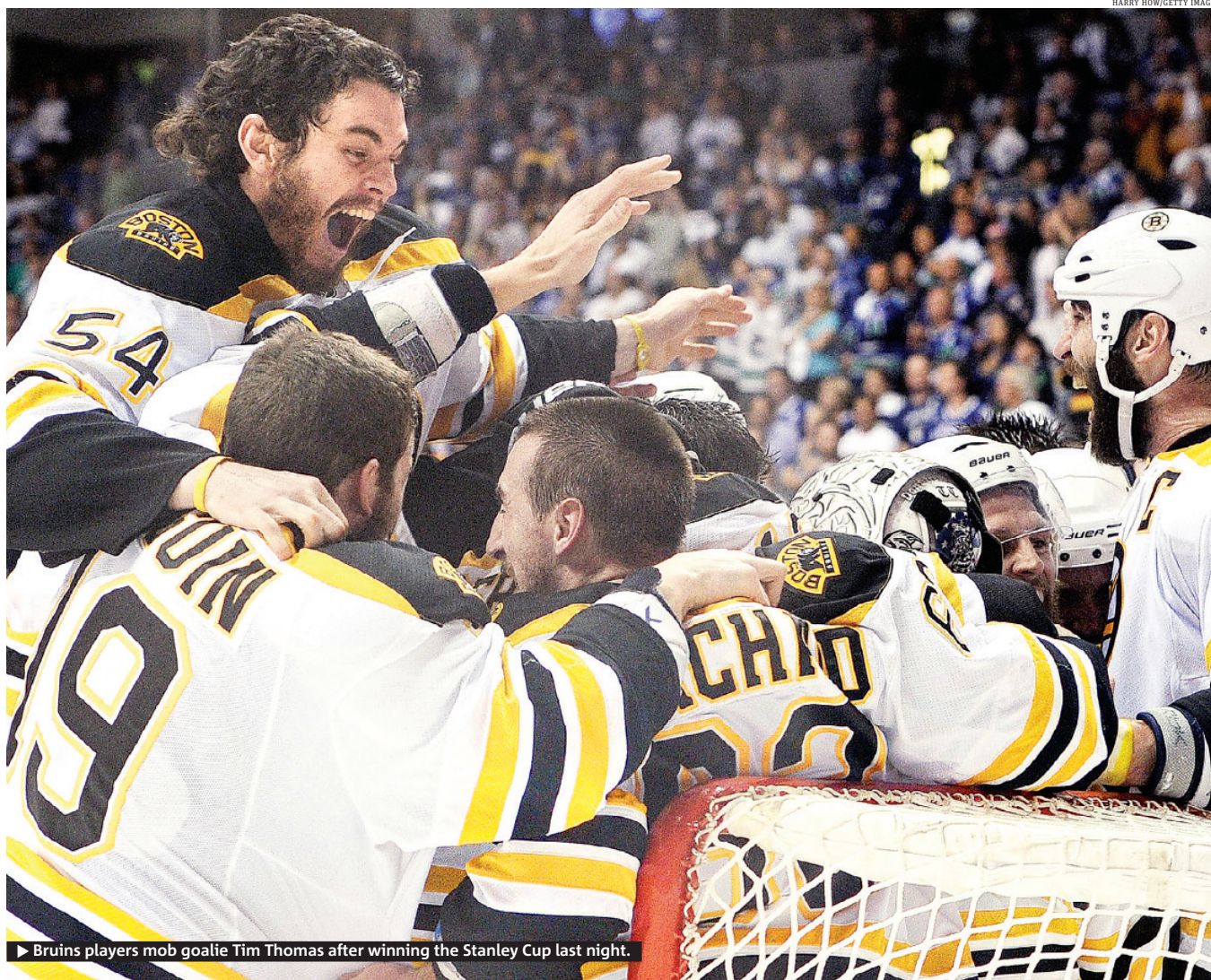
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10 ways to make his day:

- 1 Call on his inner Julia Child.** Instead of taking him out for brunch or dinner, why not try cooking a special meal with your favourite foodie at home? Either dad can sit back and relax, or you shop and cook up a special penne a la vodka together.
- 2 Make a picnic ...** of all his favourite foods to surprise him with. Then, take the kids for a walk while dad snoozes off the fried chicken.
- 3 Watch a movie.** A big bucket of popcorn, a large drink and a summer blockbuster can bring a smile to your cinephile's face.
- 4 Get him a massage.** Aren't most dads' backs sore from all the kid-carrying? Send him to the spa for an hour-long massage to ease his muscles.
- 5 Give the gift of time.** Hand him a six pack of his favourite microbrew, an Adirondack or easy chair to sit in
- 6 Present a plan.** How about a day of golfing you've arranged for him and his friends, a day of fishing or lunch and afternoon tickets to the baseball game?
- 7 Take him out.** Does dad like to take in events? Look into local festivals, car shows, rib fests or quieter options such as museums and galleries to find one that suits his taste.
- 8 Find his running shoes.** Is dad a newbie runner? If so, pull on your runners and head out with him for a lovely spring run.
- 9 Get dad out to nature.** Nature can be calming so if your dad loves all things green, plan a hike together along a new-to-him trail.
- 10 Sleep, sleep, sleep.** Not only do you let dad sleep in, but you also let the kids and yourself out so he can zonk on the couch.



► Bruins players mob goalie Tim Thomas after winning the Stanley Cup last night.

B's are the champions

► Bruins get two goals from Bergeron to beat Canucks in Game 7 and win Stanley Cup

Patrice Bergeron scored two goals, one of them short-handed, while goaltender Tim Thomas made 37 stops for the shutout as the Boston Bruins defeated the Vancouver Canucks 4-0 to win the Stanley Cup in a tension-filled Game 7 last night.

Rookie Brad Marchand scored twice, once into an empty net, and had an assist as the Bruins won their sixth Stanley Cup and the first since 1972. Defenceman Dennis Seidenberg had two assists.

Bergeron's short-handed goal in the second period was the dagger in the Canucks' heart. It made the score 3-0 and subdued a sold-out crowd of 18,860

4	0
BRUINS	CANUCKS

at Rogers Arena.

Sent in on a breakaway, Bergeron was hauled down by Vancouver defenceman Christian Ehrhoff. They collided with Canucks goaltender Roberto Luongo and the puck slid into the net.

Luongo raised his arms in frustration but the referee quickly signalled a goal. The call was backed up by a video review.

Vancouver outshot Boston 37-21.

At the final whistle Bruins players streamed off the bench to mob Thomas, while the Canucks watched with their heads hung.

"We never made things easy on ourselves," veteran Mark Recchi told CBC after the game before hinting he would retire. "I knew Game 6 and 7 we were going to be there, and we did it. What a feeling this is. This is a hell of a way for me to go out, that's for sure."

Thomas was awarded the Conn Smythe Trophy as the most valuable player in the playoffs. The stocky goaltender who plays like a linebacker had another strong game, scrambling and diving to make saves. It was his fourth shutout of the playoffs and second against Vancouver.

He got help from a Bruins team that forced the Canucks to take long shots and quickly cleared the puck from in front of the net. That left Vancouver with few chances at rebounds.

It was a disappointing end to the best season in Canucks history. Vancouver had the best record in

the NHL and advanced to the Stanley Cup final for the first time in 17 years.

The Bruins forced Game 6 by beating the Canucks 5-2 Monday night in Boston.

Vancouver was gripped with the same excitement that seized the city during the 2010 Winter Olympics. A loud, towel-waving crowd began chanting "we want the cup" even before the national anthems. Across the city, thousands watched the game outdoors on big screens.

Actor William Shatner was in the crowd and the Green Men were in their seats beside the Bruins penalty box.

THE CANADIAN PRESS

4
sports

Quoted



"Every time we got our backs up against the wall and had to win, we did. Every time. To win it on the road in Game 7 is no easy task, and they came through. That's a testament to the character on that team."

BRUINS GOALIE
TIM THOMAS, SPEAKING
TO THE CBC AFTER
THE GAME.



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► Milos Raonic, of Thornhill, Ont., takes part in the Internazionali BNL D'Italia last month. He had a 7-6 record at European clay-court events in April and May, calming down the media frenzy that had grown after his strong start to the season.

Raonic no longer in spotlight

► Media frenzy diminished by modest record in April and May

The weight of expectation on Milos Raonic has diminished after his sensational start to the 2011 tennis season, and that may be good news for the hard-serving 20-year-old.

A fourth-round showing at the Australian Open in January, followed by an ATP title in San Jose, Calif., and a thrilling loss to Andy Roddick in the Memphis final propelled Raonic to instant fame in Canada. His world ranking jumped to No. 37 from 152 over a four-week period, and within another two-and-a-half months, he was sitting at No. 25.

But a modest 7-6 record at European clay-court events in April and May has seen the media frenzy calm to a point where his quarter-final performance last week at the pre-Wimbledon grass-court event in Germany went largely unnoticed.

Playing in his first professional grass-court event in Halle, Germany, Raonic won two rounds convincingly before falling 6-3, 6-7(6), 6-3 to Philipp Petzschner.

The crafty German led eventual champion Rafael Nadal two sets to one at Wimbledon last summer before losing 6-4, 4-6, 6-7(5), 6-2, 6-3. Petzschner then combined with Jur-

"He has a great chance to reach the quarters or even the semis with his style."

DANIEL NESTOR, TENNIS PRO

gen Melzer of Austria to win the doubles at Wimbledon.

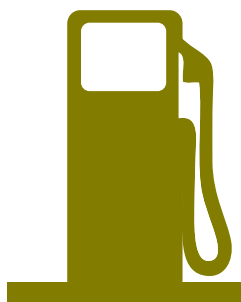
"I'm very happy I'm playing so well on something, grass, that's a completely new experience for me, especially at this level," Raonic said last week. "It gives me a lot of confidence."

Doubles also figured in Raonic's preparation for next week's Wimbledon as he and Robin Haase of the Netherlands reached the Halle final, giving the Canadian four more matches of precious grass-court experience.

Following his first-round loss to unheralded German veteran Michael Berrer at the French Open, Raonic appeared jaded and spoke about being a rookie and still having a lot to learn about working out a tournament schedule that would keep him fresh and fit.

With his early exit at Roland Garros, and just the Halle tournament on grass, Raonic enters Wimbledon well rested.

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BASEBALL

Mauer set to return to Twins

Joe Mauer's return to the Minnesota lineup has been set for tomorrow.

Mauer finished his minor-league rehabilitation assignment by facing teammate Joe Nathan in a live batting-practice session in Florida yesterday. He hasn't played for the Twins since April 12, plagued by weakness and soreness in his legs and throwing shoulder.

Manager Ron Gardenhire said before yesterday's game against the Chicago White Sox in Minnesota that Mauer will travel today and start at catcher tomorrow

against the San Diego Padres.

"It was a lot longer than I had hoped," Mauer said after his workout. "But I got my work in, and I worked with a lot of great people down here. It was nice, but obviously I want to be up there in Minnesota and be up there playing. I feel like I'm ready to get out of here."

Mauer has played in only nine games this year because of his injuries, hitting just .235 with four RBIs in the first season of a \$184-million US, eight-year contract extension. He had arthroscopic knee surgery in December and said last month that his body wasn't ready when the season started.

Nathan said Mauer looked sharp.

"I threw him some pretty good breaking balls," Nathan said. "It's really just impressive to see the pitches he can take when he's down 1-2 in the count. I threw him a couple of sliders. He put a good swing on them. It's nice to see him find his swing again and start to feel good again."

Nathan pitched to Mauer and Twins prospect Miguel Sano at the team's spring training headquarters. Nathan has been on the disabled list since May 23 with soreness in his right forearm, a condition related to his recovery from Tommy John surgery last year. He struggled at the beginning of the season with a 7.63 earned-run average in 17 appearances.

THE ASSOCIATED PRESS

Serena gets break in seeding

Defending champion Serena Williams was bumped up to No. 7 in the Wimbledon seedings — 19 places above her world ranking — yesterday, a position that will allow her to avoid playing the highest-ranked players until at least the quarter-finals.

Williams won her 13th Grand Slam title last year at the All England Club, but then stepped on broken glass, eventually leading to blood clots on her lungs, and was out of action for nearly a year. She returned to competitive tennis Tuesday at Eastbourne, coming back from a set down to beat Tsvetana Pironkova 1-6, 6-3, 6-4.

She was originally seeded No. 8, but the withdrawal of second-seeded Kim Clijsters moved the rest of the field up one spot.

"Listen, I don't ask for much. I would have been happy with 25, because I'm going to be in there fighting for every point and for everything," Williams said. "It doesn't matter where I'm seeded. I'm just going to give it 200 per cent like everyone else in the draw."

Wimbledon starts Monday. The draw is scheduled for tomorrow.

On the men's side, defending champion Rafael Nadal was seeded No. 1, followed by Novak Djokovic at No. 2, Roger Federer at No. 3 and Andy Murray at No. 4 — in line with their rankings.

Federer and Nadal have combined for the past eight titles at the All England Club.

For Federer, it's the first time he has been outside the top-two seedings at Wimbledon since 2003, the year he won the first of five straight titles at the grass-court Grand Slam.

Since Williams' injury, she has dropped to No. 26 in the WTA rankings. If Wimbledon organizers had seeded her according to her ranking, the four-time Wimbledon champion could have come up against a top player in the third round.

Her sister Venus, a five-time Wimbledon champion, was seeded No. 24.

THE ASSOCIATED PRESS

NHL

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Last night's result
Boston 4 Vancouver 0
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2010-11 - Boston Bruins
2009-10 - Chicago Blackhawks
2008-09 - Pittsburgh Penguins
2007-08 - Detroit Red Wings
2006-07 - Anaheim Ducks

CONN SMYTHE TROPHY WINNERS

2011 - Tim Thomas, G, Boston
2010 - Jonathan Toews, F, Chicago
2009 - Evgeni Malkin, F, Pittsburgh
2008 - Henrik Zetterberg, F, Detroit
2007 - Scott Niedermayer, D, Anaheim

BRUINS 4, CANUCKS 0

First Period
1. Boston, Bergeron 5 (Marchand) 14:37
Penalties — None.
Second Period
2. Boston, Marchand 10 (Seidenberg, Recchi) 12:13
3. Boston, Bergeron 6 (Seidenberg, Campbell) 17:35 (sh)
Penalty — Chara Bos (interference) 16:07.
Third Period
4. Boston, Marchand 11, 17:16 (en)
Penalties — Hansen Vcr (interference) 5:33, Lucic Bos (hooking) 11:34.
Shots on goal by
Boston 5 8 8 21
Vancouver 8 13 16 37
Goal — Boston: Thomas (W,16-9); Vancouver: Luongo (L,15-10).
Power plays (goals-chances) — Boston: 0-1; Vancouver: 0-2.
Referees — Dan O'Halloran, Stephen Walkom.
Linesmen — Jean Morin, Jay Sharrers.
Att. — 18,860 (18,810) at Vancouver.

SCORING LEADERS

	G	A	PT
Krejci, Bos	12	11	23
H.Sedin, Vcr	3	19	22
St. Louis, TB	10	10	20
D.Sedin, Vcr	9	11	20
P.Bergeron, Bos	6	14	20
Marchand, Bos	11	8	19
Kesler, Vcr	7	12	19
Lecavalier, TB	6	13	19
Burrows, Vcr	9	8	17
Horton, Bos	8	9	17
Ryder, Bos	8	9	17
Purcell, TB	6	11	17
J.Thornton, SJ	3	14	17
Boyle, SJ	4	12	16
Clove, SJ	6	9	15
Datsyuk, Det	4	11	15
Couture, SJ	7	7	14
Recchi, Bos	5	9	14
Downie, TB	2	12	14
Mareau, SJ	7	6	13
Ward, Nash	7	6	13
Stamkos, TB	6	7	13
Kelly, Bos	5	8	13
Gagne, TB	5	7	12
Lucic, Bos	5	7	12
Peverley, Bos	4	8	12
Hehoff, Vcr	2	10	12
Giroux, Pha	1	11	12
Bergenheim, TB	9	2	11

MAJOR LEAGUE BASEBALL

BLUE JAYS 4, ORIOLES 1

Baltimore	ab	r	h	bi	Toronto	ab	r	h	bi
Hardy ss	4	0	1	0	YEScor ss	4	1	3	1
Markis rf	2	1	1	0	CPttrsn lf	4	0	1	0
AdJons cf	3	0	0	0	Bautist rf	3	1	0	0
Guerrr dh	4	0	1	0	Lind dh	3	1	2	2
Wieters c	4	0	1	1	JRiver 1b	4	1	3	1
D.Lee 1b	4	0	0	0	Arenci c	4	0	0	0
MrRynl 3b	2	0	0	0	A.Hill 2b	4	0	1	0
Reimld lf	3	0	0	0	RDavis cf	4	0	1	0
Andino 2b	3	0	0	0	J.Nix 3b	4	0	0	0
Totals	29	1	4	1	Totals	34	4	11	4

Baltimore	IP	H	R	ER	BB	SO
Arrieta L,8-4	6-2.3	9	3	3	2	5
Rapada	0	1	1	1	0	0
Berken	1-3	1	0	0	0	0
Gregg	1	0	0	0	0	2
Toronto						
R.Romero W,6-6	8	3	1	1	4	12
FRancisco 5,6-9	1	1	0	0	0	0
R.Romero pitched to 2 batters in the 9th.						
Rapada pitched to 1 batter in the 7th.						
Umpires—Home, Jerry Layne; First, Bob Davidson; Second, Hunter Wendelstedt; Third, Brian Knight.						
T—2:27. A—14,541 (49,260) at Toronto.						

CALENDAR

July 12 — All-Star game, Phoenix.
July 24 — Hall of Fame induction, Cooperstown, N.Y.
July 31 — Last day to trade a player without securing waivers.
Aug. 15 — Last day to sign selections from 2011 amateur draft who have not exhausted college eligibility.

ACTIVITY

MLB

AMERICAN LEAGUE

BALTIMORE ORIOLES—Placed RHP Alfredo Simon on the 15-day DL, retroactive to June 13. Recalled RHP Jason Berken from Norfolk (IL).
MINNESOTA TWINS—Reinstated SS Tsurayoshi Nishioka from the 60-day DL.
TEXAS RANGERS—Agreed to terms with LHP Will Lamb and assigned him to Spokane (NWL).

NATIONAL LEAGUE

MILWAUKEE BREWERS—Sent C Wil Nieves outright to Nashville (PCL). Purchased the contract of C George Kottaras from Nashville.
NHL
CHICAGO BLACKHAWKS—Signed senior advisor of hockey operations Scotty Bowman to a contract extension. Promoted Marc Bergevin to assistant general manager, Norm Maciver to director of player personnel and Kyle Davidson to hockey administration coordinator.
NASHVILLE PREDATORS—Signed D Teemu Laaksoto a one-year contract.
ST. LOUIS BLUES—Re-signed F Vladimir Sobotka to a three-year contract extension.
WASHINGTON CAPITALS—Re-signed D Patrick McNeill to a two-year contract.

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	40	27	.597	—
New York	38	28	.576	1½
Tampa Bay	36	32	.529	4½
Toronto	34	34	.500	6½
Baltimore	30	35	.462	9

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	36	30	.545	—
Detroit	37	31	.544	—
Chicago	33	36	.478	4½
Kansas City	30	37	.448	6½
Minnesota	27	39	.409	9

WEST DIVISION

	W	L	Pct	GB
Texas	36	33	.522	—
Seattle	34	34	.500	1½
Los Angeles	33	36	.478	3
Oakland	28	40	.412	7½

Last night's results
Cleveland 6 Detroit 4
N.Y. Yankees 12 Texas 4
Toronto 4 Baltimore 1
Boston 3 Tampa Bay 0
Minnesota 4 Chicago White Sox 1
Kansas City at Oakland
L.A. Angels at Seattle
Tuesday's results
Detroit 4 Cleveland 0
N.Y. Yankees 12 Texas 4
Toronto 6 Baltimore 5 (11 inn.)
Tampa Bay 4 Boston 0
Chicago White Sox at Minnesota (ppd., rain)
Kansas City 7 Oakland 4
L.A. Angels 4 Seattle 0
Today's games
Baltimore (Guthrie 2-8) at Toronto (Z.Stewart 0-0), 12:37 p.m.
Cleveland (Talbot 2-3) at Detroit (Scherzer 8-2), 1:05 p.m.
Texas (C.Wilson 7-3) at N.Y. Yankees (B.Gordon 0-0), 1:05 p.m.
Chicago White Sox (Buehrle 6-4) at Minnesota (Blackburn 5-4), 1:10 p.m.
Kansas City (Francis 3-6) at Oakland (G.Gonzalez 5-5), 3:35 p.m.
Boston (C.Buchholz 5-3) at Tampa Bay (Price 7-5), 7:10 p.m.

LEAGUE LEADERS

	G	AB	R	H	Av.
AdGonzalez Bos	66	271	45	94	.347
Bautista Tor	59	207	53	70	.338
Joyce TB	62	205	38	67	.327
Konerko ChiW	65	245	32	79	.322
Ortiz Bos	64	240	42	77	.321
Ellsbury Bos	66	267	49	85	.318
VMartinez Det	53	195	27	62	.318
MCabrera Det	67	231	49	73	.316
Kubel Minn	52	200	20	62	.310
HKendrick LAA	55	214	34	66	.308
RBIs - AdGonzalez, Boston, 60; Konerko, Chicago, 52; Granderson, New York, 51; Teixeira, New York, 49; Beltre, Texas, 48; Quentin, Chicago, 47; MCabrera, Detroit, 46.					
PITCHING - Lester, Boston, 9-2; Scherzer, Detroit, 8-2; Arrieta, Baltimore, 8-3; Verlander, Detroit, 8-3; Sabathia, New York, 8-4; Weaver, Los Angeles, 8-4; Six players tied at 7.					
Not including last night's games					

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	43	26	.623	—
Atlanta	38	31	.551	5
New York	34	34	.500	8½
Florida	32	36	.471	10½
Washington	32	36	.471	10½

CENTRAL DIVISION

	W	L	Pct	GB
Milwaukee	38	30	.559	—
St. Louis	38	31	.551	½
Cincinnati	37	33	.529	2
Pittsburgh	34	33	.507	3½
Chicago	27	39	.409	10
Houston	25	44	.362	13½

WEST DIVISION

	W	L	Pct	GB
San Francisco	38	29	.567	—
Arizona	37	31	.544	1½
Colorado	33	35	.485	5½
Los Angeles	31	39	.443	8½
San Diego	30	40	.429	9½

Yesterday's results
Philadelphia 8 Florida 1 (1st game)
Cincinnati 7 L.A. Dodgers 2
Colorado 6 San Diego 3
Philadelphia 5 Florida 4 (10 inn.) (2nd game)
Washington 10 St. Louis 0
N.Y. Mets 4 Atlanta 0
Milwaukee at Chicago Cubs
Pittsburgh 7 Houston 3
San Francisco at Arizona
Tuesday's results
Philadelphia 9 Florida 1
Washington 8 St. Louis 6
N.Y. Mets 4 Atlanta 3
Chicago Cubs 5 Milwaukee 4 (10 inn.)
Pittsburgh 1 Houston 0
Colorado 6 San Diego 3
San Francisco 6 Arizona 5
Cincinnati 3 L.A. Dodgers 2
Today's games
Florida (Vazquez 3-6) at Philadelphia (CLee 6-5), 1:05 p.m.
Pittsburgh (Ja.McDonald 4-4) at Houston (Lyles 0-1), 2:05 p.m.
Milwaukee (Greinke 6-1) at Chicago Cubs (Garza 2-6), 2:20 p.m.
St. Louis (Lohse 7-3) at Washington (Lannan 4-5), 7:05 p.m.
N.Y. Mets (Dickey 3-7) at Atlanta (Minor 0-2), 7:10 p.m.
San Francisco (Vogelsong 4-1) at Arizona (L.Kennedy 7-2), 9:40 p.m.

LEAGUE LEADERS

	G	AB	R	H	Av.
JosReyes NYM	64	280	49	97	.346
Kemp LAD	69	250	47	83	.332
Votto Cin	68	247	47	82	.332
Pence Hou	67	275	33	88	.320
Berkman STL	58	192	42	61	.318
Helton Col	58	193	30	61	.316
Carroll LAD	66	232	33	73	.315
Ethier LAD	68	245	32	77	.314
Wallace Hou	66	211	26	66	.313
GSanchez Fla	66	254	35	79	.311
RBIs - Fielder, Milwaukee, 59; Kemp, Los Angeles, 56; Howard, Philadelphia, 55; Pence, Houston, 50; Braun, Milwaukee, 49; Berkman, St. Louis, 48; Bruce, Cincinnati, 48.					
PITCHING - Hamels, Philadelphia, 9-2; Halladay, Philadelphia, 9-3; Gallardo, Milwaukee, 8-0; Jurrjens, Atlanta, 8-3; Hanson, Atlanta, 8-4; Correia, Pittsburgh, 8-5; Eight players tied at 7.					
Not including last night's games					

GOLF

U.S. OPEN

At Bethesda, Md.
Tee times for the 2011 U.S. Open, to be held June 16-19 on the 7,574-yard, par-71 (36-35) Blue Course at the Congressional Country Club (all times ET; competitors from the U.S., unless specified; a-denotes amateur):
Today - Tomorrow
First hole-10th hole
7 a.m.-12:40 p.m. - Dae-Hyun Kim, South Korea; Chez Reavie, Shane Lowry, Ireland.
7:11 a.m.-12:51 p.m. - Greg Chalmers, Australia; Kirk Triplett; TBD.
7:22 a.m.-1:02 p.m. - Marc Leishman, Australia; Alex Cejka, Czech Republic; Kevin Streelman.
7:33 a.m.-1:13 p.m. - Fred Funk; a-David Chung; Michael Campbell, New Zealand.
7:44 a.m.-1:24 p.m. - Matt Kuchar; Paul Casey, England; K.J. Choi, South Korea.
7:55 a.m.-1:35 p.m. - Graeme McDowell, Northern Ireland; a-Peter Uihlein; Louis Oosthuizen, South Africa.
8:06 a.m.-1:46 p.m. - Henrik Stenson, Sweden; Johan Edfors, Sweden; Fredrik Jacobson, Sweden.
8:17 a.m.-1:57 p.m. - Ernie Els, South Africa; Davis Love III; Jim Furyk, United States.
8:28 a.m.-2:08 p.m. - Justin Rose, England; Tim Clark, South Africa; Jason Day, Australia.
8:39 a.m.-2:19 p.m. - Jeff Overton; Ryan Palmer; TBD.
8:50 a.m.-2:30 p.m. - Brandt Jobe; Nick O'Hern, Australia; D.A. Points.
9:01 a.m.-2:41 p.m. - Christo Greyling, South Africa; **Adam Hadwin, Abbotsford, B.C.**; Joey Lamielle.
9:12 a.m.-2:52 p.m. - Michael Tobiasan, Jr., Jesse Hutchins, Michael Smith.
12:40 p.m.-7 a.m. - Ty Tryon; Maarten Lafeber, The Netherlands; Scott Barr, Australia.
12:51 p.m.-7:11 a.m. - Geoffrey Sisk; a-Cheng-Tsung Pan, Chinese Taipei; Matt Richardson, England.
1:02 p.m.-7:22 a.m. - Bo Van Pelt; K.T. Kim, South Korea; Ben Crane.
1:13 p.m.-7:33 a.m. - Mark Wilson; Martin Laird, Scotland; Peter Hanson, Sweden.
1:24 p.m.-7:44 a.m. - Miguel Angel Jimenez, Spain; Sergio Garcia, Spain; Alvaro Quiros, Spain.
1:35 p.m.-7:55 a.m. - Francesc Molinari, Italy; Matteo Manassero, Italy; Edoardo Molinari, Italy.
1:46 p.m.-8:06 a.m. - Hiroyuki Fujita, Japan; Todd Hamilton; Kevin Na, South Korea.
1:57 p.m.-8:17 a.m. - Rickie Fowler; Ian Poulter, England; Hunter Mahan.
2:08 p.m.-8:28 a.m. - Camilo Villegas, Colombia; Aaron Baddeley, Australia; Brandt Snedeker.
2:19 p.m.-8:39 a.m. - Kevin Chappell; Do-Hoon Kim, South Korea; Robert Rock, England.
2:30 p.m.-8:50 a.m. - **Jon Mills, Oshawa, Ont.**; Andreas Harto, Denmark; a-Scott Pinckney.
2:41 p.m.-9:01 a.m. - a-Steve Irwin; Ryan Nelson; Elliot Gealy.
2:52 p.m.-9:12 a.m. - Christopher Deforeest; a-Chris Williams; **Wes Heffernan, Calgary.**

Thursday-Friday
10th hole-First hole
7 a.m.-12:40 p.m. - Chad Campbell; Harrison Frasier; Marc Turnesa.
7:11 a.m.-12:51 p.m. - Justin Hicks; Marcel Siem, Germany; Sunghoon Kang, South Korea.
7:22 a.m.-1:02 p.m. - Thomas Lovett, France; Brian Gay; Gregory Havret, France.
7:33 a.m.-1:13 p.m. - Heath Slocum; a-Russell Henley; Nicolas Colasanti, Belgium.

7:44 a.m.-1:24 p.m. - Padraig Harrington, Ireland; Angel Cabrera, Argentina; Stewart Cink.
7:55 a.m.-1:35 p.m. - Ryo Ishikawa, Japan; Anthony Kim; Y.E. Yang, South Korea.
8:06 a.m.-1:46 p.m. - Luke Donald, England; Lee Westwood, England; Martin Kaymer, Germany.
8:17 a.m.-1:57 p.m. - Jonathan Byrd; Bill Haas; Webb Simpson.
8:28 a.m.-2:08 p.m. - Bubba Watson; Adam Scott, Australia; Robert Karlsson, Sweden.
8:39 a.m.-2:09 p.m. - Sam Saunders; Tim Petrovic; Scott Piercy.
8:50 a.m.-2:20 p.m. - Matthew Edwards; a-Brad Benjamin; TBD.
9:01 a.m.-2:31 p.m. - Bud Cauley; Adam Long, United States; a-Michael Barbosa.
9:12 a.m.-2:42 p.m. - Michael Whitehead; Will Wilcox; John Ellis.
12:40 a.m.-7 a.m. - Alexandre Rocha, Brazil; Andres Zalazares; Bubba Dickerson.
12:51 p.m.-7:11 a.m. - Michael Putnam; a-Patrick Cantlay; Robert Dinwiddie, England.
1:02 p.m.-7:22 a.m. - Jason Dufner; Stephen Gallacher, Scotland; S.Y. Noh, South Korea.
1:13 p.m.-7:33 a.m. - Steve Stricker; Retief Goosen, South Africa; David Toms.
1:35 p.m.-7:55 a.m. - Rory McIlroy, Northern Ireland; Dustin Johnson; Phil Mickelson.
1:46 p.m.-8:06 a.m. - Charl Schwartzel, South Africa; Trevor Immelman, South Africa; Zach Johnson.
1:57 p.m.-8:17 a.m. - Nick Watney; Lucas Glover, United States; Geoff Ogilvy, Australia.
2:08 p.m.-8:28 a.m. - Ryan Moore; Robert Allenby, Australia; Rory Sabbatini, South Africa.
2:19 p.m.-8:39 a.m. - David Howell, England; Kenichi Kuboya, Japan; Briny Baird.
2:30 p.m.-8:50 a.m. - Charley Hoffman; Alexander Noren, Sweden; Sangmoon Bae, South Korea.
2:41 p.m.-9:01 a.m. - a-Brett Patterson; Ben-nett Blakeman; Brian Locke.
2:52 p.m.-9:12 a.m. - Chris Wilson; David May; a-Beau Hossler.

SOCCER

2011 CONCACAF GOLD CUP

QUARTER-FINALS

Saturday's games
At East Rutherford, N.J.
QF1 — Costa Rica vs. Honduras, 5 p.m.
QF2 — Mexico vs. Guatemala, 8 p.m.
Sunday's games
At Washington
QF3 — Jamaica vs. U.S., 3 p.m.
QF4 — Panama vs. El Salvador, 6 p.m.

MLS

Last night's result
Toronto 0 New England 0
Tomorrow's game
San Jose at Kansas City, 8:30 p.m.
Saturday's games
Seattle at Toronto, 7 p.m.
Chicago at New England, 7:30 p.m.
Columbus at Houston, 8:30 p.m.
D.C. United at Real Salt Lake, 9 p.m.
Los Angeles at Colorado, 9 p.m.
Philadelphia at Vancouver, 10 p.m.
Dallas at Chivas USA, 10:30 p.m.

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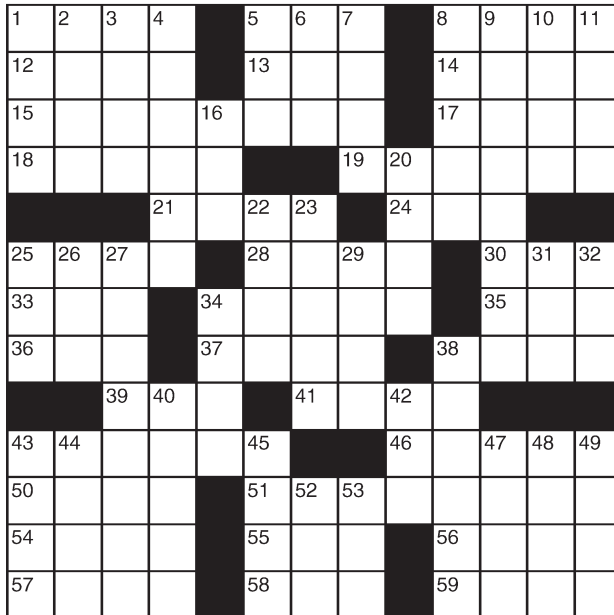
Crossword

Across

1 Con game
5 Not-so-tall tale
8 Front projection
12 Needing a cane
13 Earlier than
14 Hold sway
15 Intl. cartel
16 Actress Gardner
17 Elevator name
18 Railyard sight
20 Result
22 Every last bit
23 15-Across' product
24 Gulleys
27 And so on
32 — Beta Kappa
33 Vast expanse
34 Blue
35 Unrelenting pest
38 Snakes
39 Storm center
40 Keyboard abbr.
42 Take out of context?
45 Small yellow fruit used in preserves
49 Vicinity
50 "Hail!"
52 Loosen
53 Optimistic
54 Family member
55 Particular
56 Being, to Brutus
57 "Of course"
58 "Piggies"

Down

1 Messy guy
2 Mafia bigwig
3 MasterCard alternative, briefly
4 Gathering places

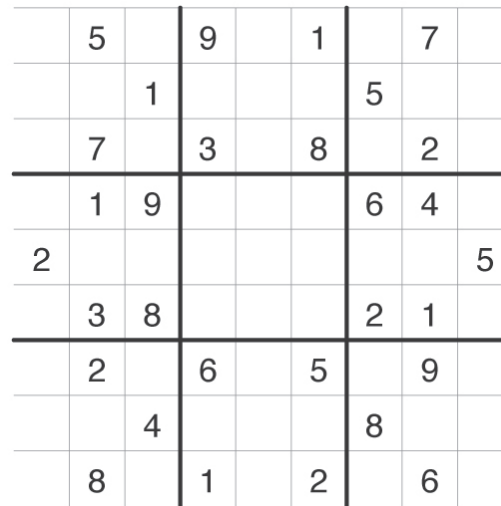


5 Intrepid
6 Mr. Robbins who partnered with Burt Baskin
7 Suitor
8 Toaster's word
9 Cruel
10 Medley
11 Into the sunset
19 Mr. Pacino
21 "Ulalume" writer
24 Speedometer stat
25 "Caught ya!"
26 Brit's radio
28 Ball-bearing gizmo
29 Negligent
30 Knock
31 Billboards
36 Sailor's assent
37 Collection
38 Find not guilty
41 Therefore
42 Challenge
43 Love deity
44 Uncomplicated
46 "Do — others ..."
47 "Zip — -Doo-Dah"
48 — River, NJ
51 Struggle (for)

► Monday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Monday's answer ►

7	5	9	3	8	4	1	2	6
1	2	8	9	7	6	5	3	4
3	4	6	2	5	1	9	7	8
2	1	3	6	9	7	4	8	5
9	8	4	5	1	2	7	6	3
6	7	5	4	3	8	2	1	9
4	3	7	1	6	9	8	5	2
5	9	1	8	2	3	6	4	7
8	6	2	7	4	5	3	9	1

A look at the weather

TODAY Min 12° Max 16°
FRIDAY Min 11° Max 17°
SATURDAY Min 9° Max 16°

Michele McDougall
Weather Specialist

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM



Today's horoscope

♈ **Aries** March 21-April 20 Today, you will find it easy to open up and let those you care for know what they mean to you.

♉ **Taurus** April 21-May 21 Mercury's move into the communications area of your chart makes it easy to find the right words.

♊ **Gemini** May 22-June 21 Have fun today, but keep an eye on your financial situation.

♋ **Cancer** June 22-July 22 Remind everyone that you don't mind them asking favours but you do mind them giving orders.

♌ **Leo** July 23-Aug. 23 If you don't feel like being sociable today, you don't have to make an effort.

♍ **Virgo** Aug. 24-Sept. 22 If something you would have preferred to stay secret becomes public knowledge today, don't deny it.

♎ **Libra** Sept. 23-Oct. 23 Think big, act big and expect a big breakthrough over the next 24 hours.

♏ **Scorpio** Oct. 24-Nov. 22 If you are asked to go on a trip of some kind (one you fear may bore you), don't turn it down. It could change your life.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ **Sagittarius** Nov. 23-Dec. 21 Your ability to notice patterns where others see only individual events, will be useful today.

♑ **Capricorn** Dec. 22-Jan. 20 You need to be more assertive, especially if you have let friends make decisions for you.

♒ **Aquarius** Jan. 21-Feb. 18 No matter how well things are going, you can't keep this pace.

♓ **Pisces** Feb. 19-March 20. Is thinking you must make amends for something you did a long time wise? ● SALLY BROMPTON

Caption contest



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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